

Spin Me

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Maurice Rowe (USA) & John Dembiec (USA) - January 2009
音樂: Right Round - Flo Rider



Intro: 32 count intro

(1-8) Heel Jacks (X2), Full Turn

1& Cross R over L, Step L back,
2& Touch R heel to R diagonal forward, Step R next to L
3& Cross L over R, Step R back
4& Touch L heel to L diagonal forward, Step L next to R
5-6 Cross R over L, Making ¼ turn R step L back
7-8 Pivot ½ turn R stepping onto R, Making ¼ turn R step L to L

(9-16) Steps, Kick-&-Cross, Step, ½ Turn Sailor, Crossing Steps

1-2 Step forward R, L
3&4 Kick R forward to R diagonal, Step R in place, Cross L over R
5-6& Step R to R, Making ¼ turn L step L behind R, Making ¼ turn L step R to R
7&8& Cross L over R, Step R to R, Cross L over R, Step R to R

(17-24) Rock, ½ Turn Shuffle, ½ Pivot (X2), ¾ Turn Paddle

1-2 Rock L forward, Replace to R
3&4 Making ¼ turn L step L to L, Step R next to L, Making ¼ turn L step L to L
5-6 Making ½ turn L step back on R, Making ½ turn L step L forward
7 Keeping L in place make ¼ turn L touching R to R
&8 Making ½ turn L hitch R next to L knee, Point R to R

(25-32) Side Press, ¼ Turn, ½ Turn, Press, Body Roll, Steps Back

1-2 Press R to R, Replace to L with ¼ turn L
3&4 Step R forward, Making ½ turn L step L next to R, Press R forward
5-6 Roll body back for 2 counts into a sitting position with weight to L
7-8 Step back R, L

Repeat And Have Fun!