Light On



拍數: 32

級數: Intermediate NC2

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音樂: Light On - David Cook



Intro: 4 counts

RIGHT BASIC 1/4 LEFT, STEP LOCK STEP, STEP 1/2 TURN STEP, FULL TURN, STEP RIGHT

- 1 Step right to side
- 2&3 Rock left behind right, recover to right, turn 1/4 left stepping left forward 9:00
- 4&5 Step right forward, slide left behind right, step right forward

牆數: 2

- 6&7 Step left forward, turn 1/2 right and step right in place, step left forward 3:00
- Turning 1/2 left step right back, turning 1/2 left step left beside right, step right to side 3:00 8&1

ROCK BACK, RECOVER, STEP LEFT, CROSS AND CROSS, STEP BACK, STEP 1/4 RIGHT, LUNGE, BACK, BACK, TOUCH

- Rock left behind right, recover to right, step left to side 2&3
- 4&5 Step right across left, step left to side, step right across left
- 6&7 Step left back, turn 1/4 right step right to side, lunge left forward 6:00
- 8&1 Step right back, step left back, touch right toe in front of left

(Restart here on wall 5. You'll be facing 6:00 when you restart leaving off the touch)

MAKE 3/4 RIGHT WALKAROUND/ARC, SIDE ROCK CROSS, 1/4 RIGHT TRIPLE FORWARD, STEP, STEP, 1/2 TURN LEFT

- 2&3 Walk right, left, right, in a right 3/4 arc 3:00
- 4&5 Rock left to side, recover to right, cross left over right
- 6&7 Turning 1/4 right step right forward, step left next to right, step right forward 6:00
- 8&1 Step left forward, step right forward, turn 1/2 left and step left in place 12:00

MAKE 1/2 TURN LEFT, BACK, BACK, COASTER, FULL PIVOT TURN RIGHT, SWAY, HOLD

- 2&3 Turn 1/2 left stepping right back, step left back, step right back (larger step) 6:00
- 4&5 Dragging foot slightly step left back, step right beside left, step left forward
- 6&7 Step right forward, turn 1/2 right and step left beside right, turn 1/2 right and step right forward 6:00
- 8& Step left to side, hold (sway left)

(Tag #1 is here on walls 3 and 5)

(Tag #2 is here on wall 7)

BEGIN AGAIN!

TAG #1: SWAY RIGHT, SWAY LEFT – At the beginning of walls 3 and 5 (both times facing 12:00)

1-2& Step right to side, step left to side, hold (sway right and left then begin the dance over)

RESTART: On wall 5 (which begins at 12:00), dance up through count 16& (step back, step back - right after the lunge). You'll be facing 6:00. Begin again at the beginning of the dance. It works best to step left BESIDE right on the & count so you can more easily step to the right to begin the dance over.

TAG #2: RIGHT BASIC, LEFT BASIC. -- At the beginning of wall 7 (facing 12:00)

- 1 Step right to side
- 2&3 Rock left behind right, recover to right, step left to side
- 4& Rock right behind left, recover to left

Begin again at the beginning of the dance.