

Mini Poker Face

拍數: 32 牆數: 2 級數: Improver
編舞者: Jannie Tofte Stoian (DK) & Hanne Jensen (DK) - March 2009
音樂: Poker Face - Lady Gaga : (Album: The Fame)



Type of dance: 2 wall, 32 counts x2 (you do the dance – then you do the dance once more just with the opposite foot except for the very last count))

Funky WCS rhythm (120 bpm)

Intro: 16 count intro from main beat (app. 24 sec. into track)

Restart: Restart on 2nd wall after 48 counts facing 12:00 (marked with *)

Note: This is a floor split to 'Poker Face' by Craig Bennett

(1-8) Hip roll R with step, Hip roll L with step, (Repeat R L)

1&2 Touch fw R as you push your R hip fw, make a full hip roll anti-clockwise, place weight onto R 12:00
3&4 Touch fw L as you push your L hip fw, make a full hip roll clockwise, place weight onto L 12:00
5&6, 7&8 (Repeat the steps above – weight ends on L) 12:00

(9-16) Step ½ L, Lockstep fw R, Rocking chair L

1-2 Step fw R, turn ½ L (weight on L) 06:00
3&4 Step fw R, lock L behind R, step fw R 06:00
5-8 Rock fw L, recover R, rock back L, recover R 06:00

(17-24) Side L, Behind-side-cross, Side L, Back rock R, Side R, Hold

1 Step L to L side 06:00
2&3 Cross R behind L, step L to L side, cross R in front of L 06:00
4-6 Step L to L side, rock R behind L, recover L 06:00
7-8 Step R to R side, hold 06:00

(25-32) Extended cross shuffle, Side R, Back rock L, Step ½ R

1&2&3 Cross L over R, step R to R side, cross L over R, step R to R side, cross L over R 06:00
4 Step R to R side 06:00
5-6 Rock L behind R, recover R 06:00
7-8 Step fw L, turn ½ R (weight on R) 12:00

(33-40) Hip roll L with step, Hip roll R with step, (Repeat L R)

1&2 Touch fw L as you push your L hip fw, make a full hip roll clockwise, place weight onto L 12:00
3&4 Touch fw R as you push your R hip fw, make a full hip roll anti-clockwise, place weight onto R 12:00
5&6, 7&8 (Repeat the steps above – weight ends on R) 12:00

(41-48) Step ½ R, Lockstep fw L, Rocking chair R

1-2 Step fw L, turn ½ R (weight on R) 06:00
3&4 Step fw L, lock R behind L, step fw L 06:00
5-8* Rock fw R, recover L, rock back R, recover L 06:00

(49-56) Side R, Behind-side-cross, Side R, Back rock L, Side L, Hold

1 Step R to R side 06:00
2&3 Cross L behind R, step R to R side, cross L in front of R 06:00
4-6 Step R to R side, rock L behind R, recover R 06:00
7-8 Step L to L side, hold 06:00

(57-64) Extended cross shuffle, Side L, Back rock R, Step fw R, Step fw L

1&2&3 Cross R over L, step L to L side, cross R over L, step L to L side, cross R over L 06:00
4 Step L to L side 06:00
5-6 Rock R behind L, recover L 06:00
7-8 Step fw R, step fw L 06:00

Optional: For a great finish on wall 7 you do the first 44 counts and then do:

Wall 7: 45-49 Step ½ L, Lockstep fw R, Step fw L with hands in the air

45 - 46 Step fw R, turn ½ L (weight on L) 06:00
47 & 48 Step fw R, lock L behind R, step fw R 12:00
49 Step fw L with hands in the air ? 12:00
