

Nothing Matters

COPPERKNOB
BY STEPHEN METZ

拍數: 0

牆數: 0

級數: Phrased Intermediate / Advanced
Waltz



編舞者: Katharina Müllner & Sabrina Riedl (AUS) - March 2009

音樂: Nothing Else Matters (Special Version) - Metallica

AABCBCBBABCAAAA (Part A till End)

Part A: (54 Counts)

Twinkle ¼, Back Basic

1,2,3 cross r over left, step l back, close r next l (03:00)

4,5,6 step l back, close r next to left, step l forward

Step, step ¼, cross behind, full turn, side, trag

7,8&9 r step forward, ¼ turn side step with l, cross r behind l, turn full turn (06:00)

10,11,12 l step to side, trag r to l (5,6)

Side, trag, side, trag

13,14,15 r step to r, with trag to r (2,3)

16,17,18 l step to l with trag to l (5,6)

Make 1 ¼ turns, cross, full turn with sweep

19,20,21 step ¼ turn with r to r (09:00), step back with l doing a ½ turn r, step forward with r doing a ½ turn r

22,23,24 cross l over r, turn full turn with doing a sweep with r from front to back (09:00)

Twinkle back 2x

25,26,27 step r behind l, l side step to l, r side step to r

28,29,30 step l behind r, r side step to r, l side step to l

Back, sweep 2x, back bend

31,32,33 step r back while sweeping l from front to back, step l back while sweeping r from front to back

34,35,36 bend upper body back while putting the right hand up to the air (weight is on r foot)

Step forward, sweep ¾ turn, step forward, kick

37,38,39 step l forward, turn ¾ turn left while sweeping r foot from back to front (2,3) (03:00)

40,41,42 step r forward, kick l forward (5,6)

Step back, ½ turn r, step forward, 1 ¼ turn l with kick

43,44,45 l step back, r step forward while turning ½ turn r, l step forward (09:00)

46,47,48 kick r forward and turn 1 ¼ turn over left shoulder, ending with a point r to right side (06:00)

Drop down, full spiral turn r

49,50,51 bend your l knee to get down

52,53,54 turn a full spiral turn on l foot over your r shoulder while going up

Part B: (48 counts)

Dance Part A again till count 48

Turn the last turn just a ¼ turn instead of an full one.

Part C : (48 Counts)

Sway 2x

1,2,3 sway from l to r

4,5,6 sway from r to l

Sway, Lift

7,8,9 sway from l to r
10,11,12 go on the top of l foot while lifting r knee up (knee is turned out, kind of figure of 4) (facing 06:00)

Cross Rock, Recover, Sweep

13,14,15 cross r over l , recover
16,17,18 sweep r from front to back, step back on r (facing 04:30)

Sweep, 1/8 turn r, drop down

19,20,21 sweep l from front to back, step back on l
22,23,24 1/8 turn r stepping r to r side (facing 06:00), point l to l side and bend r knee

½ turn l, Cross, side, back

25,26,27 turn ½ turn l over l shoulder (facing 12:00)
28,29,30 cross r over l (facing 04:30), l step to l side (06:00), back step r to diagonal (07:30)

cross behind, side , cross, Cross 1/8 turn, side, ¼ turnback

31,32,33 cross l behind r (07:30), r step to r side (09:00), cross l over r (10:30)
34,35,36 cross r over l while doing 1/8 turn r (facing 12:00), step l to l, step back on r doing ¼ turn r (03:00)

back basic, Feather turn r

37,38,39 l step back, step r next to l, step l forward
40,41,42 cross r over l (facing 10:30), turn 1/8 turn r stepping l forward (12:00), turn ¼ turn r Stepping r forward (03:00)

runs back, ½ turn, ¼ turn sweep

43,44&45 step back on l, step back on r, step back on l, step back on r
46,47,48 turn ½ turn l stepping forward on l, sweep r foot from back to front, while turning ¼ turn l

Enjoy and have fun
