

Looking Good

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Improver / Easy Intermediate
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK) - March 2009
音樂: Hey Good Lookin' - The Mavericks : (On various CD's)



Dance starts 32 counts in, when music kicks in. BPM 186

HEEL TOE HITCH AND SPLIT HEELS AND TOES

- 1-2-3-4 Dig R heel fwd, touch R toe next to L, hitch R knee, step R next to L.
5-6-7-8 Coming up on the balls of your feet splits heels apart, bring heels down & together, shifting weight to heels bring toes up & split them apart, bring toes back to place weight going on to R.
1-2-3-4 Repeat as counts 1-4 but on the left with weight ending on L.
5-6-7-8 Repeat as counts 5-8 weight ending on L

STEP FWD TOUCH. BACK TOUCH BACK TOUCH BACK TOUCH, WITH CLAPS!

- 1-2-3-4 Small step fwd on R to slight R diagonal, touch L next to R, step back on L, touch R next to L
5-6-7-8 Step back on R, touch L next to R, step back on L, touch R next to L
(Optional claps on each on the touches)

VINE RIGHT AND TOUCH. VINE LEFT 1/4 TURN LEFT END AND BRUSH FWD ON RIGHT

- 1-2-3-4 Step R to R side, cross L behind R, step R to R side, touch L next to R
5-6-7-8 Step L to L side, cross R behind L, making 1/4 turn L step fwd on L, brush fwd with R. (9)

MAMBO FWD HOLD, MAMBO BACK HOLD.

- 1-2-3-4 Rock fwd on R, replace weight back to L, slight step back with R, hold
5-6-7-8 Rock back on L, replace weight to R, small step fwd with L, small brush fwd with R

JAZZBOX 1/2 TURN RIGHT WITH HOLDS WITH CLICKS!

- 1-2-3-4 Cross R over L, hold, make 1/4 turn R stepping back on L, hold
5-6-7-8 Make 1/4 turn R stepping fwd on R, hold, Step fwd on L, hold (optional "click" on each of the holds) (3)

CHARLTON HOLDS!

- 1-2-3-4 Touch R toe fwd, hold, step backwards on R, hold
5-6-7-8 Touch L toe backwards, hold, step L next to R, hold

MAKE 1/2 PIVOT TURNS X2 WITH A LEAN AND A HOLD!

- 1-2-3-4 Step fwd on R with a slight lean fwd, hold, pivot 1/2 turn L shifting weight to L, hold (3)
5-6-7-8 Repeat above 4 counts.

ENDING, how it goes!

You'll dance 6 complete walls, you will end wall 6 facing the back wall doing the 2 pivots. There will be no music as you are doing the pivots, from then on there will be an extra 16 counts of music, it will be very different to the rest, and slower! So we have this ending.. BPM for ending is 84

Point Crosses, with attitude!

- 1-2-3-4 Point R to R side, cross R over L, point L to L side, cross L over R
5-6-7-8 Repeat above 4 counts (6)

Rock replace turn to the front, step fwd, spread arms & pose!

- 1-2-3-4 Rock fwd on R, replace weight to L, make 1/2 turn R, make another 1/2 turn R stepping back on L

5-6-7-8 Make a further 1/2 turn R, step fwd on L, throw arms out to sides, hold with a pose! (12)
(Option. instead of the turn. Make the 1st 1/2 turn to face the front then do 2 walks in place of the full turn.)

Contact:07595 322839. Email teresaandvera@aol.com. Website: www.teresaandvera.co.uk
