

Early Morning

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Christien van Londen (NL) - March 2009
音樂: Early Morning Flight - Bobby D. Sawyer : (CD: The Measure of a Man)



Intro: 16 count intro:

SWAYS,STEP TOGETHER,CHASSE RIGHT, FORWARD ROCK RECOVER.

1,2,3,4 Step right to right side with hip sway, sway left, sway right, step left beside right
5&6 Step right to right side, Close left beside right, Step right to right side
7,8 Rock forward on left, Recover onto right

CHASSE 1/4 LEFT, FORWARD RIGHT, 1/2 PIVOT LEFT, STEP LOCK STEP, FORWARD ROCK RECOVER.

1&2 Step left to left side, Close right beside left, 1/4 turn left stepping forward on left
3,4 Step forward onto right, Make 1/2 pivot turn left
5&6 Step forward onto right, lock left behind right, step forward onto right
7,8 Rock forward on left, Recover onto right

BACK LOCK BACK, SIDE ROCK, CROSS SHUFFLE, SIDE ROCK.

1&2 Step back on left, cross right over left, step back on left
3,4 Step right to right side, recover onto left,
5&6 Cross right over left, step left to left side, cross right over left
7,8 Step left to left side, recover onto right

CROSS SHUFFLE, 1/4 TURN LEFT,1/2 TURN LEFT, STEP LOCK STEP, FORWARD ROCK RECOVER.

1&2 Cross left over right, step right to right side, cross right over left
3,4 Turn 1/4 left stepping back on right, turn 1/2 left stepping forward on left
5&6 Step forward onto right, lock left behind right, step forward onto right
7,8 Rock forward on left, Recover onto right

BACK LOCK BACK, BACK TOUCH, STEP LOCK STEP, WALKS RIGHT LEFT.

1&2 Step back on left, cross right over left, step back on left
3,4 Step right big step back, touch left in front right toe
5&6 Step forward onto left, lock right behind left, step forward onto left
7,8 Walk forward on right, walk forward on left

FORWARD ROCK RECOVER STEP BACK, CROSS, UNWIND 3/4 TURN RIGHT, SIDE ROCK& CROSS 2X.

1&2 Rock forward on right, recover on left, step back on right
3,4 Cross left over right, unwind 3/4 turn right, keep weight onto left
5&6 Rock out to right side, Recover onto left, Cross right over left
7&8 Rock out to left side, Recover onto right, Cross left over right

Start again

Tag: at the end of wall 2 facing 6 o'clock

STEP 1/2 TURN, STEP 1/2 TURN, ROCKING CHAIR

1,2,3,4 Step forward onto right, make 1/2 pivot turn left, step forward onto right make 1/2 pivot turn left
5,6,7,8 Rock forward onto right recover onto left, rock back onto right recover onto left