

# Hope & Glory

COPPERKNOB  
STEPPERS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - March 2009  
音樂: Hope And Glory - Mans Zelmerloew



Start after 32 count intro

\*1 RESTART: on wall 5

**(1-8) Walk Back R & L, R & L Apart With 3 Hip Bumps, R Back Rock & Recover, L Full Turn Fwd: ½ L & R Back**

1-2            Step R back, step L back  
&3-5          Step R back, step L apart and bump hips left, bump hips right, bump hips left  
6-7            Rock R back, recover weight on L  
8              Travelling forward turn ½ left stepping R back (6 o'clock)

**(9-16) Complete Full Turn Fwd: ½ L & L Fwd, R Scuff, R Cross Step, L Back, R Side, L Scuff, L Cross Step, R Back**

1-2            Turning ½ left step L forward, scuff R forward (12 o'clock)  
3-4            Cross step R over L, step L back

**RESTART: On 5th wall dance the FIRST 12 counts of the dance & restart**

5-6            Step R side, scuff L forward  
7-8            Cross step L over R, step R back

**(17-24) L Back, R Touch Together, R Fwd Shuffle, ¼ R Sweep, L Cross Step, ¾ L Turn**

1-2            Step L back, touch R together

**(On FINAL wall dance ends here facing back wall – strike a pose!)**

3&4            Step R forward, step L together, step R forward  
5-6            Sweep L from back to front turning ¼ right, cross step L over R (3 o'clock)  
7-8            Turning ¼ left step R back, turning ½ left step L side (6 o'clock)

**(25-32) ¼ L & R Step Touch, L Side, R Touch Across & Side, R Behind-Side-Cross**

1-2            Turning ¼ left step R side, touch L together (3 o'clock)  
3-5            Step L side, touch R across left, touch R to right side  
6-8            Cross step R behind L, step L side, cross step R over L

**(33-40) ¼ L Shuffle, R Fwd, ¼ L Pivot Turn, R Cross Shuffle, ½ R Hinge Turn**

1&2            Step L side, step R together, turning ¼ left step L forward (12 o'clock)  
3-4            Step R forward, pivot ¼ left (9 o'clock)  
5&6            Cross step R over L, step L side, cross step R over L  
7-8            Turning ¼ right step L back, turning ¼ right step R side (3 o'clock)

**(41-48) L Fwd Rock & Recover, L Coaster Step, R Fwd, ¼ L Pivot Turn, R Cross, L Back**

1-2            Rock L forward, recover weight on R  
3&4            Step L back, step R together, step L forward  
5-6            Step R forward, pivot ¼ left (12 o'clock)  
7-8            Cross step R over L, step L back

**(49-56) R Together, L Fwd Rock & Recover, L Together, R Heel Fwd, Hold, R Together, L Fwd Rock & Recover, ½ L Shuffle**

&1-2            Step R together, rock L forward, recover weight on R  
&3-4            Step L together, touch R heel forward, hold

&5-6 Step R together, rock L forward, recover weight on R  
7&8 Turning ½ left step L forward, step R together, step L forward (6 o'clock)

**(57-64) R Fwd Rock & Recover, R Together, L Heel Fwd, Hold, L Together, R Fwd, ½ L Pivot Turn, ½ L & R Back, L Back**

1-2 Rock R forward, recover weight on L  
&3-4 Step R together, touch L heel forward, hold  
&5-6 Step L together, step R forward, pivot ½ left (12 o'clock)  
7-8 Turning ½ left step R back, step L back (6 o'clock)

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