

# Hit The Ground

**COPPER KNOB**  
STEPSHETS

拍數: 16      牆數: 4      級數: Beginner WCS  
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音樂: Love - Matt White



## 40 Count Intro

### WALK, WALK, ANCHOR STEP, ROCK BACK, ¼ TURN RIGHT, TOUCH

1            Step forward on RF  
2            Step forward on LF  
3&4        Step RF behind LF in pos. 3, rock forward on LF, recover onto RF  
5,6        Rock back on LF, recover onto RF  
7,8        Turn ¼ right stepping LF to side, touch RF beside LF

### SYNCOPATED SIDE STEPS, HIP BUMP, KICK BALL CHANGE

1,2        Step RF to side, hold (snap fingers)  
&        Step LF beside RF  
3,4        Step RF to side, hold (snap fingers)  
5,6        Touch left toe forward with hip bump, step down onto LF  
7&8       Kick RF forward, step RF beside LF, change weight onto LF

**TAG: After wall 12, add the following 4 counts:**

### ROCKING CHAIR

1-2        Rock forward onto right, recover onto left  
3-4        Rock back onto right, recover onto left

**And then just go on.**

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