

Not Unusual

拍數: 36 牆數: 4 級數: Improver / Intermediate
編舞者: Rachael McEnaney (USA) - March 2009
音樂: It's Not Unusual - Tom Jones



Count In: 16 counts from start of track.

(1 – 8) R mambo forward, L shuffle back, R mambo back, L shuffle forward

1 & 2 Rock forward on right (1), recover weight onto left (&), step back on right (2) 12.00
3 & 4 Step back on left (3), step right next to left (&), step back on left (4) 12.00
5 & 6 Rock back on right (5), recover weight onto left (&), step forward on right (6) 12.00
7 & 8 Step forward on left (7), step right next to left (&), step forward on left (8) 12.00

(9 – 16) R side rock cross, L side rock step with ¼ turn right, R rumba box

1 & 2 Rock right to right side (1), recover weight onto left (&), cross right over left (2) 12.00
3 & 4 Rock left to left side (3), recover weight onto right making ¼ turn right (&), step forward on left (4) 3.00
5 & 6 Step right to right side (5), step left next to right (&), step forward on right (6) 3.00
7 & 8 Step left to left side (7), step right next to left (&), step back on left (8) 3.00

(17 – 24) R chasse (side shuffle), L cross rock side, Weave to L with R, R cross rock ¼ turn

1 & 2 Step right to right side (1), step left next to right (&), step right to right side (2) 3.00
3 & 4 Cross rock left over right (3), recover weight onto right (&), step left to left side (4) 3.00
5 & 6 & Cross right over left (5), step left to left side (&), cross right behind left (6), step left to left side (&) 3.00
7 & 8 Cross rock right over left (7), recover weight onto left (&), make ¼ turn right stepping forward on right (8) 6.00

(25 – 32) L Hitch, L step ½ turn, R Hitch, R step ½ turn, L Hitch, L shuffle, R toe heel, toe strut jazz box

& 1 & 2 Hitch left leg (&), make ½ turn right stepping back on left (1), hitch right leg (&), make ½ turn right stepping forward on right (2) 6.00
& 3 & 4 Hitch left leg (&), step forward on left (3), step right next to left (&), step forward on left (4) 6.00
5 & 6 & Touch right toe to left instep (5), touch right heel to right diagonal (&), cross right toe over left (6), drop right heel to floor (&) 6.00
7 & 8 & Touch left toe back (7), drop left heel to floor (&), touch right toe to right side (8), drop right heel to floor (&) 6.00

(33 – 36) L jazz box travelling back, R jazz box travelling back with ¼ turn R

1 & 2 Cross left over right (1), step diagonally back on right (&), step diagonally back on left (2) 6.00
& 3 & 4 Cross right over left (&), step diagonally back on left (3), make ¼ turn right stepping forward on right (&), step forward on left (4) 9.00

START AGAIN, HAVE FUN!

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