

Mercy On Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Chris Cleevely (UK) - March 2009
音樂: Have Mercy - The Judds



Start on vocals.

Right Diagonal Hip Bumps; Left Diagonal Hip Bumps; ¼ Turning Right Sailor Step; Left Sailor Step

- 1 & 2 Step on right diagonal and bump hips right/left/right
3 & 4 Step on left diagonal and bump hips left/right/left
5 & 6 Making ¼ turn right, cross right behind left, step left to left side, step right to right side (3.00 o'clock)
7 & 8 Cross left behind right, step right to right side, step left to left side

Twist ¼ Turn Right, Hold & Clap, Left Forward Shuffle (or Full Turn Right); (x 2)

- 9 - 10 Twist ¼ turn right (weight on right), hold & clap (6.00 o'clock)
11 & 12 Shuffle forwards left/right/left
13 - 14 Repeat counts 9 - 10 (9.00 o'clock)
15 & 16 Repeat counts 11 & 12

(Restart the dance again here on wall 4.)

Cross, Touch; Left Back, Lock, Back; Side, Cross; Right Back, Lock, Back

- 17 - 18 Cross right over left, touch left behind right
19 & 20 Step back on left, cross right over left, step back on left
21 - 22 Step right to right side, cross left over right
23 & 24 Step back on right, cross left over right, step back on right

Rock ¼ Left, Recover ¼ Right; Rock Forward, Recover; Rock ¼ left, Recover ¼ Right; Forward Left Shuffle (or full turn over right shoulder)

- 25 - 26 Rock ¼ turn left, recover ¼ turn right
27 - 28 Rock forward on left, recover weight on right
29 - 30 Rock ¼ turn left, recover ¼ turn right
31 & 32 Shuffle forwards stepping left/right/left

Restart

Dance the first 3 walls then on wall 4 dance the first 16 counts and restart the dance.

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