

You Were Always On My Mind

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sandra Speck (UK) - March 2009
音樂: Always On My Mind - Pet Shop Boys



STARTS ON VOCALS, 64 COUNT INTRO

Side Together Shuffle Forward, Jazz Box ¼ Turn Cross

1-2 Step left to left side, close right foot next to left
3&4 Step forward on left foot, close right foot next to left, step forward on left foot
5-6 Cross right foot over left, step back on left foot
7-8 Step right to right side turning ¼ right, cross left foot over right

Side Together Shuffle Back, Rock Back Recover, Kick Ball Cross

1-2 Step right to right side, close left foot next to right
3&4 Step back on right foot, close left next to right, step back on right foot
5-6 Step back on left foot, recover onto right foot
7&8 Kick left foot forward, step on ball of left foot, cross right foot over left

Side, Hold, Behind Side Cross X2

1-2 Step left to left side, hold for one count
3&4 Step right foot behind left, step left to left side, cross right foot over left
5-6 Step left to left side, hold for one count
7&8 Step right foot behind left, step left to left side, cross right foot over left

Rock Side Recover Cross Shuffle, ¼ ¼ Cross Shuffle

1-2 Step left to left side, recover onto right foot
3&4 Cross left foot over right, step right foot to right side, cross left foot over right
5-6 Turn ¼ left stepping back on right foot, turn ¼ left stepping left foot to left side
7&8 Cross right foot over left, step left foot to left side, cross right foot over left

¼ Strut, ½ Strut, Step Pivot, Shuffle

1-2 Turn ¼ right stepping back on left toe, drop heel to floor
3-4 Turn ½ right stepping forward on right toe, drop heel to floor
5-6 Step forward on left foot, pivot ½ turn right transferring weight to right foot
7&8 Step forward on left foot, close right foot next to left, step forward on left foot

½ Strut, ½ Strut, Step Pivot, Shuffle

1-2 Turn ½ left stepping back on right toe, drop heel to floor
3-4 Turn ½ left stepping forward on left toe, drop heel to floor
5-6 Step forward on right foot, pivot ½ turn left transferring weight to left
7&8 Step forward on right foot, close left next to right, step forward on right foot

Rock Side Recover, Cross Shuffle X2

1-2 Step left to left side, recover onto right foot
3&4 Cross left foot over right, step right to right side, cross left foot over right
5-6 Step right foot to right side, recover onto left
7&8 Cross right foot over left, step left to left side, cross right foot over left

Side Behind, Chasse ¼, Step Pivot, Triple Full Turn

1-2 Step left to left side, cross right behind left
3&4 Step left to left side, close right foot next to left, turn ¼ left stepping forward on left foot

5-6

Step forward onto right foot, pivot $\frac{1}{2}$ turn left transferring weight to left foot

7&8

Turn full turn left, stepping right left right (Easier option right shuffle forward)

Start Again
