

Sube Que Sube

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Debbie Ellis (ES) - March 2009
音樂: Vive La Vida (Sube Que Sube) - Gusanito



Intro: 64 counts

Kick Ball Change Twice, Forward Rock, Shuffle ½ Turn

1&2 Kick right forward, step right together, step left in place
3&4 Kick right forward, step right together, step left in place
5-6 Rock right forward, recover on left
7&8 Shuffle turn ½ right stepping right, left, right

Point, Cross, Point, Scuff, Jazz Box ¼ Turn, Scuff

1-2 Point left to side, cross left over right
3-4 Point right to side, scuff right forward
5-8 Cross right over left, step left back, turn ¼ right and step right to side, scuff left forward

Forward Rock, Triple ¾ Turn, Forward Rock, Shuffle ½ Turn

1-2 Rock left forward, recover on right
3&4 Triple ¾ turn left stepping left, right, left
5-6 Rock right forward, recover on left
7&8 Shuffle turn ½ right stepping right, left, right

Side Rock, Kick Ball Cross, Step, Heel Ball Cross, Step

1-2 Rock left to side, recover on right
3&4 Kick left diagonally forward, step left together, cross right over left
5 Step left to side (squaring up to 6:00 wall)
6&7 Touch right heel diagonally forward, step right together, cross left over right
8 Step right to side (squaring up to 6:00 wall)

Back Rock, ¼, ½, Step ½ Turn, Left Shuffle

1-2 Rock left back, recover on right
3-4 Turn ¼ right and step left back, turn ½ right and step right forward
5-6 Step left forward, turn ½ right (weight to right)
7&8 Step left forward, step right together, step left forward

Rocking Chair, Step ¼ Turn, Cross Shuffle

1-4 Rock right forward, recover on left, rock right back, recover on left
5-6 Step right forward, turn ¼ left (weight to left)
7&8 Cross right over left, step left to side, cross right over left

¼, ½, Step ½ Turn, Left Shuffle, Forward Rock

1-2 Turn ¼ right and step left back, turn ½ right and step right forward
3-4 Step left forward, turn ½ right (weight to right)
5&6 Step left forward, step right together, step left forward
7-8 Rock right forward, recover on left

Back Rock, Step ¼ Turn, Stomp, Clap, Body Ripple

1-2 Rock right back, recover on left
3-4 Step right forward, turn ¼ left (weight to left)
5-6 Stomp right together, clap

7-8 Up body roll over 2 counts

Alternative to counts 7-8: roll hips to the right over 2 counts

Repeat
