

Hold Me Love Me

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Alan Haywood (UK) - March 2009
音樂: Make Love to Me - Anne Murray : (Album: Croonin')



(16 count intro – start on vocals)

Section 1: Walk forward R L, R forward lock step, rock forward L, recover R, ¼ L sailor

1-2 Step forward onto right, step forward onto left
3&4 Step forward onto right, lock left behind right, step forward onto right
5-6 Rock forward onto left, recover weight back onto right
7&8 Making a ¼ turn left step left behind right, step right to right side, step left to left side 9 o/c

Section 2: R forward side rocks (twinkle), L forward side rocks (twinkle), R over, ¼ R, R coaster

1&2 Cross step right over left, rock left to left side, recover weight onto right
3&4 Cross step left over right, rock right to right side, recover weight onto left
5-6 Cross step right over left, make a ¼ turn right stepping left back 12 o/c
7&8 Step back onto right, step left next to right, step right forward

Section 3: & R forward, ½ R, R coaster, L forward, ½ R, L forward lock step

&1 Step left next to right, step right forward (extended 5th),
2 Make ½ turn right stepping left back 6 o/c
3&4 Step back onto right, step left next to right, step right forward
5-6 Step forward onto left, pivot ½ turn right 12 o/c
7&8 Step forward onto left, lock right behind left, step left forward

Section 4: R forward, ½ L, cross rock recover ¼ R, L forward, ½ R, L forward lock step

1-2 Step forward onto right, pivot ½ turn left 6 o/c
3&4 Cross rock right over left, recover weight onto left, step right ¼ right 9 o/c
5-6 Step forward onto left, pivot ½ right 3 o/c
7&8 Step forward onto left, lock right behind left, step left forward

RESTARTS HERE ON WALLS 3 AND 5

Section 5: Rock forward R, recover L, triple ½ R, L over, sway R L, touch R

1-2 Rock forward onto right, recover weight back onto left
3&4 Triple ½ turn right stepping right left right 9 o/c
5-6-7-8 Cross step left over right, sway right side, recover left, touch right next to left

Section 6: R over jazz box, 2 x ¼ L paddles (use hips)

1-2 Cross step right over left, step left back
3-4 Step right to right side, step left slightly forward
5-6 Step forward onto right, make ¼ turn left (use hips) 6 o/c
7-8 Step forward onto right, make ¼ turn left (use hips) 3 o/c

REPEAT AND ENJOY!

Restarts

As always, really easy to spot (he he!) – during walls 3 and 5, dance up to count 32 (Section 4), then restart the dance.

To clarify – wall 3 starts facing 6 o'clock and restarts facing 9 o'clock.

Wall 5 is the instrumental section – starts facing 12 o'clock and restarts facing 3 o'clock. Fi and Alan Haywood

