

Up And Away

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dougie D (UK) - March 2009
音樂: Up - The Saturdays



(120 b.p.m., 32 count intro.)

Rock right to side, recover on left, step fwd on right, tap left behind right, shuffle back, back rock,

1-2 rock right out to right side, recover on left,
3-4 step fwd on right, tap left behind right,
5&6 shuffle back, stepping left, right, left,
7-8 rock back on right, recover on left.

Kick ball change x2, walk fwd right, left, fwd mambo.

1&2 kick right leg fwd, step right beside left, step left in place,
3&4 repeat steps 1&2,
5-6 walk fwd on right, walk fwd on left,
7&8 step fwd on right, step left in place, step right beside left,

Side close and chasse left, cross rock, 1/4 turn right on right, shuffle fwd,

1-2 step left to left side, step right beside left,
3&4 chasse left, stepping left, right, left,
5-6 cross rock right over left, recover on left,
7&8 make 1/4 turn right on right and shuffle fwd, stepping right, left, right, (facing 3' o, clock).

Weave to right, behind side cross to left.

1-2 cross left over right, step right to right side,
3&4 cross left behind right, step right to right side, cross left over right,
5-6 rock right to right side, recover on left,
7&8 cross right behind left, step left to left side, cross right over left.

Step left to left side, pivot 1/4 turn right, walk fwd, left, right, fwd rock, coaster step.

1-2 step left to left side, pivot 1/4 turn right on both feet,
3-4 walk fwd on left, walk fwd on right,
5-6 rock fwd on left, recover on right,
7&8 step back on left, step right beside left, step fwd on left

Syncopated toe points to sides and hold x2.

1&2 point right toe to right side, step right beside left, point left toe to left side,
&3-4 step left beside right, point right toe to right side and hold,
&5&6 step right beside left, point left toe to left side, step left beside right, point right toe to right side
&7-8 step right beside left, point left toe to left side and hold,

Jazz box, jazz box with 1/4 turn left

1-2 cross left over right, step back on right,
3-4 step left beside right, step right in place,
5-6 cross left over right, step back on right,
7-8 make 1/4 turn left on left, tap right beside left

Fwd rock, back shuffle, back rock, fwd shuffle.

1-2 rock fwd on right, recover on left,
3&4 shuffle back, stepping right, left, right

5-6 rock back on left, recover on right,
7&8 shuffle fwd, stepping left, right, left.
