

Back In 63

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sandra Speck (UK) - March 2009
音樂: December, 1963 (Oh, What a Night) - Frankie Valli & The Four Seasons :
(Album: The Very best of Frankie Vallie & The Four)



STARTS ON VOCALS, 24 COUNT INTRO.

CROSS HOLD, BACK BACK, CLAP CLAP X2

1 – 2 Cross right foot over left, hold for one count
&3 – 4 Step back on left foot, step back on right foot, hold for 1 one and clap hands twice
5 – 6 Cross left foot over right, hold for one count
&7 – 8 Step back on right foot, step back on left foot, hold for 1 count and clap hands twice

JAZZ BOX, JAZZ BOX ¼ TURN RIGHT

1 – 2 Cross right foot over left, step back on left foot
3 – 4 Step right to right side, close left next to right
5 – 6 Cross right foot over left, step back on left foot
7 – 8 Turn ¼ right stepping right to right side, close left foot next to right 3 o'clock

RIGHT LOCK, RIGHT LOCK STEP, LEFT LOCK LEFT LOCK STEP

1 – 2 Step forward on right foot (towards right diagonal), lock left foot behind right
3&4 Step forward on right foot, lock left foot behind right, step forward on right foot (still towards right diagonal)
5 – 6 Step forward on left foot, (towards left diagonal), lock right foot behind left
7&8 Step forwards on left foot, lock right foot behind left, step forwards on left foot (still towards left diagonal)

STEP PIVOT 1/2, RIGHT SHUFFLE FORWARD, ROCK FORWARDS RECOVER, LEFT COASTER STEP

1 – 2 Step forwards on right foot, pivot ½ turn left 9 o'clock
3&4 Step forwards on right foot, close left next to right, step forwards on right foot
5 – 6 Step forward onto left foot, rock back onto right foot
7&8 Step back on left foot, close right foot next to left, step forward on left foot

START AGAIN!
