

The Nellie Samba

拍數: 48 牆數: 4 級數: Intermediate
編舞者: BM Leong (MY) - February 2009
音樂: El Baile De Osito - Los Ranas



Sequence of dance: 48/40/40/48/40/48/48/24
Start the dance on vocal after 16 counts of hard beats.

RIGHT & LEFT BOTA FOGO, FORWARD & BACK SAMBA BASICS

1&2 Cross left over right, step right to right side, recover onto left
3&4 Cross right over left, step left to left side, recover onto right
5&6 Step left forward, step right together, shift weight onto left
7&8 Step right back, step left together, shift weight onto right

DOUBLE SAMBA REVERSE TURNS X 2

1&2 Step left forward, turning ¼ left step right to right side, cross left over right
3&4 Step right back, turning ¼ left step left forward, step right together
5&6 Step left forward, turning ¼ left step right to right side, cross left over right
7&8 Step right back, turning ¼ left step left forward, step right together (12.00)

STEP, RECOVER, LEFT WHISK, RIGHT WHISK, STEP, TURN

1-2 Step left forward, recover onto right
3&4 Step left to left side, step right ball behind left, recover onto left
5&6 Step right to right side, step left ball behind right, recover onto right
7-8 Step left forward, turning ¼ right on left & pointing right to right side

CROSS-ROCK-TURN-CROSS-ROCK-SIDE X 2

1&2 Cross right over left, recover onto left, turning ¼ right step right to right side
3&4 Cross left over right, recover onto right, step left to left side
5&6 Cross right over left, recover onto left, turning ¼ right step right to right side
7&8 Cross left over right, recover onto right, step left to left side (3.00)

CROSS &, CROSS &, CROSS &, CROSS, LEFT & RIGHT SAMBA SIDE BASICS

1&2& Cross right over left, step left behind right heel, cross right over left, step left behind right heel
3&4 Cross right over left, step left behind right heel, cross right over left
5&6 Step left to left side, recover onto right, step left together
7&8 Step right to right side, recover onto left, step right together

(Shimmy shoulders while doing the cross steps of counts 1-4)

CROSS &, CROSS &, CROSS &, CROSS, RIGHT & LEFT SAMBA SIDE BASICS

1&2& Cross left over right, step right behind left heel, cross left over right, step right behind left heel
3&4 Cross left over right, step right behind left heel, cross left over right
5&6 Step right to right side, recover onto left, step right together
7&8 Step left to left side, recover onto right, touch left beside right

(Shimmy shoulders while doing the cross steps of counts 1-4)

RESTART during walls 2, 3 & 5 after 40 counts.

Website: www.sjlinedancer.blogspot.com