

Shopping

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Steve Healy (UK) - December 2008
音樂: Shopping - Rick Guard



Intro: 32 counts

Walk Forward, Right Kick Ball Change, Forward Rock, Side Rock

1-2 Step forward right. Step forward left.
3&4 Kick right forward. Step right beside left. Step forward left.
5-6 Rock forward on right. Recover back onto left.
7-8 Rock right to right side. Recover on left.

Right Sailor Step, Left Sailor Step, Step 1/2 Pivot, Full Turn Forward.

1&2 Cross right behind left. Step left to left side. Step right to place.
3&4 Cross left behind right. Step right to right side. Step left to place.
5-6 Step forward right. Pivot 1/2 turn left. (6:00)
7-8 Full turn forward, turn left, stepping right left.

Option Steps 7 - 8 can be replaced with a walk forward - Right, Left.

Right Forward Rock, Coaster Step, Left Forward Rock, Counter Step

1-2 Rock forward on right. Recover back onto left.
3&4 Step back on right. Step left beside right. Step forward right.
5-6 Rock forward on left. Rock back onto right.
7&8 Step back on left. Step right beside left. Step forward left.

Side Rock, Sailors Step, & Side Rock Step, Sailor Step

1-2 Rock to right side on right. Recover onto left.
3&4 Cross right behind left. Step left to left side. Step right to right side.
&5-6 Step left beside right. Rock right to right side. Recover onto left in place.
7&8 Cross right behind left. Step left to left side. Step right to right side.

Weave Right, Back Rock, 1/2 Hinge Turn Right (Moving Left)

1-2 Cross left behind right. Step right to right side.
3-4 Cross left over right. Step right to right side.
5-7 Rock back on left. Recover forward onto left. Step left to left side.
8 Make 1/2 hinge turn right and step right to right side. (12:00)

Forward Rock, Coaster Step, Jazz 1/4 Turn Right, Cross

1-2 Rock forward on left. Recover back onto right.
3&4 Step back left. Step right beside left. Step forward on left.
5-6 Cross right over left. Step back on left.
7-8 Step right 1/4 turn right. Cross left over right. (3:00)

Point Cross Steps Forward, Point Cross Steps Back

1-2 Point right to right side. Cross right over left.
3-4 Point left to left side. Cross left over right.
5-6 Point right to right side. Cross right behind left.
7-8 Point left to left side. Cross left behind right.

Syncopated Side Rocks, Walk Back, Coaster Step

1-2 Rock right to right side. Recover onto left.
&3-4 Step right beside left. Rock left to left side. Recover onto right.

5-6

Step back on left. Step back on right.

7&8

Step back left. Step right beside left. Step forward left. (3:00)

Start Again!
