

One Of These Nights

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Amy Christian (USA) - February 2009
音樂: One of These Nights - Eagles



There are fun, funky options for Intermediate dancers

Step Fwd, Touch, L Coaster, Step Fwd, Touch, L Coaster

1-2 Step fwd on R foot(1), Touch L foot fwd, (lean back slightly, for styling)(2),
3&4 L Coaster step,
5-6 Step fwd on R foot(5), Touch L fwd, (lean back slightly, for styling)(6),
7&8 L Coaster step,

Step, Pivot ½, Shuffle Fwd, Step, Pivot ½, Shuffle Fwd

1-2 Step fwd on R foot, Pivot ½ turn left stepping L foot fwd,
3&4 Step fwd on R foot, Step L next to L, Step fwd on R foot,
5-6 Step fwd on L foot, Pivot ½ turn right stepping R foot,
7&8 Step L foot fwd, Step R foot next to L, Step fwd on L foot,

Side, Together, Chasse, Cross Rock, ¼ Turn Shuffle

1-2 Step R foot to right side, Step L foot next to R foot,
3&4 Step R foot to right side, Step L foot next to R foot, Step R foot to right side,
5-6 Step L foot across R foot, Recover on R foot,
7&8 ¼ Turn left stepping L foot fwd, Step R foot next to L foot, Step L foot forward,

Out, Out, In, In, Out, Out, In, In

1-4 Step R foot to right side(1), Step L foot to left side(2), Step R foot in(3), Step L foot next to R foot(4),

***5-8 Step R foot to right side(1), Step L foot to left side(2), Step R foot in(3), Step L foot next to R foot(4),**

Start Again

*** FUNKY - FUN OPTIONAL STEPS - for the last 4 counts of the dance. Replace counts**

***5-8 with these steps. These steps will hit the beat perfectly.**

***1) For the END of Walls 2, 5 and 8, - (Part B) - OUT, OUT, LOOK RIGHT, HOLD,**

&5 Step R foot to R side(&), Step L foot to L side(5),
6-8 Look Right and Hold.

***2) For the END of Walls 3 and 6, - (Part C) – Syncopated OUT, OUT, IN, IN, FWD BODY ROLL or HIP ROLL (This part can also be used at the Intro.)**

5&6& Step R foot to R side(5), Step L foot to L side(&), Step R foot in(6), Step L foot next to R foot(&),

7-8 Fwd Body Roll or CCW Hip Roll.

Sequence: The original steps will be called A. (Use Part C for Intro) A,B,C. A,B,C, A,B, A,A,A,A,A.