

Toes

拍數: 32 牆數: 4 級數: Improver (Country)
編舞者: Rachael McEnaney (USA) - February 2009
音樂: Toes - Zac Brown Band : (Album: The Foundation)



Count In: Dance starts 60 counts from start of track (approx 28secs) on vocals "well the plane touched down"

(1 – 8) Step right, hold, left back rock, step left, touch right, step right, hook left with ¼ turn left.

- 1 - 2 Step right big step to right side (1), hold dragging left towards right(2) 12.00
- 3 - 4 Rock back on left (3), recover weight onto right (4) 12.00
- 5 - 6 Step left to left side (5), touch right next to left (6) 12.00
- 7 - 8 Step right to right side (7), make ¼ turn left hooking left foot in front of right shin (8) 9.00

(9 – 16) Step forward left, lock right, left lock step, step ½ pivot, step ¼ pivot

- 1 - 2 Step forward on left (1), lock right behind left (2) 9.00
- 3 & 4 Step forward on left (3), lock right behind left (&), step forward on left (4) 9.00
- 5 - 6 Step forward on right (5), pivot ½ turn left (6) 3.00
- 7 - 8 Step forward on right (7), pivot ¼ turn left (8)

(Note: Roll hips in circle on both pivot turns for styling) 12.00

(17 – 24) Weave to left (crossing right), cross rock right, ¼ turn right shuffle

- 1 - 2 Cross right over left (1), step left to left side (2), 12.00
- 3 - 4 Cross right behind left (3), step left to left side (4) 12.00
- 5 - 6 Cross rock right over left (5), recover weight onto left (6) 12.00
- 7 & 8 Make ¼ turn right stepping forward on right (7), step left next to right (&), step forward on right (8) 3.00

(25 – 32) ½ turn right with left shuffle back, ½ turn right with right shuffle forward, left rock step, behind side cross

- 1 & 2 Make ½ turn right stepping back on left (1), step right next to left (&), step back on left (2) 9.00
- 3 & 4 Make ½ turn right stepping forward on right (3), step left next to right (&), step forward on right (4) 3.00
- 5 - 6 Rock forward on left (5), recover weight onto right (6), 3.00
- 7 & 8 Step left behind right (7), step right to right side (&), cross left over right (8) 3.00

Ending You will start the last wall facing 6.00 – you will do 28 counts of dance make ¼ turn right and hold. So this will take you to the two ½ shuffles – you will be facing 9.00, make ¼ turn right stepping left to left side(5), throw right arm in air (6), throw left arm in air (7)

START AGAIN, HAVE FUN!

www.dancejam.co.uk - Rachaeldance@me.com
Tel: 07968 181933