So Persuasive



拍數: 64 牆數: 2 級數: High Intermediate / Advanced Samba Rhythm 編舞者: Dan McInerney (UK) - February 2009 音樂: Addictive - Truth Hurts: (Album: Truthfully Speaking) Starts: After 40 counts/25 seconds just before she sings "He breaks..." LEFT, a-STEP, RIGHT, a-STEP, TURN, a-STEP, BACK, a-STEP 1, a2□ Step L to forward L diagonal, rock R behind L – recover weight forward onto L 3, a4□ Step R to forward R diagonal, rock L behind R – recover weight forward onto R 5, a6□ Making a 1/4 L as you step forward L, rock R forward – step L in place (09:00) 7, a8□ Step R back, making a 1/4 turn L rock L to L side - recover weight onto R (06:00) CROSS, a-STEP, CROSS, a-STEP, HITCH, a-STEP AND CROSS AND CROSS AND 1, a2□ Cross L in front of and slightly across R, rock R to R side – recover weight onto L 3, a4□ Cross R in front of and slightly across L, rock L to L side – recover weight onto R 5, a6□ Hitch L next to R, rock L to L side – recover weight onto R &7&8&□ Bring L into place, cross R in front of L, step L to L side, cross R in front of L, step L to L side HEEL. a-TURN. TURN-HEEL. a-TOUCH. QUARTER SHUFFLE. HALF SHUFFLE 'Step' R heel to R side, making a 1/4 R step onto R – tap L next to R (09:00) 1, a2□ &3, a4□ Step L to L side, making a 1/4 R 'step' R heel forward, step forward onto R – tap L next to R (12:00)5&6□ Making a 1/4 turn L step L forward, slide R behind L, step L forward (09:00) 7&8□ Making a 1/4 turn R step R to R side, slide L next to R, making a 1/4 turn R step R forward (03:00)KICK, a-TOUCH, KICK, a-TOUCH, ROCK, a-HITCH, TURN CROSS AND CROSS AND 1. a2□ Kick L sharply low and forward, making a 1/2 turn R step down onto L – touch R next to L (09:00)3, a4□ Kick R sharply low and back, making a 1/2 turn R step down onto R - touch L next to R (03:00)5, a6□ Rock L to L side, recover weight on R – hitch L next to R &7&8&□ Making 1/4 R step L forward, making 1/4 turn R cross R over L, step L to L side, cross R over L, step L to L side (09:00) HITCH, OUT-OUT, HOLD, IN-IN, HITCH, BUMP-STEP, HITCH, BUMP-STEP 1, a2□ Hitch R next to L, making 1/2 R step R to R side – step L to L side (03:00) 3, a4□ Hold, step R to centre - touch L next to R 5, a6□ Hitch L apart from R, bump hips R – step L to L side 7, a8□ Hitch R apart from L, bump hips L - step R to R side TURN SHUFFLE, TURN AND HITCH, TURN AND HITCH, BACK AND HITCH 1&2□ Making a 1/4 turn L step L forward, slide R up behind L, step L forward (12:00) 3&4□ Making 1/4 L step R to R side, slide L next to R, step R to R side as you face the L diagonal

Step L to L side, making a 1/4 R slide R in front of L, step back L hitching R to R diagonal

Step R back, slide L in front of R, step R back hitching L to L diagonal

SIDE, a-SLIDE, SIDE, a-SLIDE, SIDE, BUMP, TURN, BUMP

and hitch L (09:00)

5&6□

7&8□

1, a2□	Step L to L side, step R next to L – making a 1/4 R step L a big step back as you drag R towards you (03:00)
3, a4□	Making 1/4 R step R to R side, step L next to R – step R a big step R as you drag the L towards you (06:00)
5, 6□	Making 1/4 R step L to L side as you bump hips forward, bump hips back (09:00)
7, 8□	Make 1/4 R bump hips forward, bump hips back (12:00)
SIDE, a-CROS	SS, SIDE, a-CROSS AND CROSS AND CROSS, STEP AND STEP AND
1, a2□	Shift weight forward onto R as you rock L to L side, recover weight onto R – step L across R
3, a4□	Rock R to R side, recover weight onto L – step R across L
&5&6□	Making 1/4 turn R step L slightly back, cross R over L, making 1/4 turn R step L slightly back, cross R over L (06:00)
7&8&□	With knees slightly bent: step L forward, step R forward, step L forward, step R forward
NOTES: Coun	ts &5&6 are making a 1/2 turn R in an arc shape
STYLING: Cou 'Shorty George	unts 7&8& with each step forward push your hips in the same direction e.g. LRLR – known as a e'
REPEAT	
TAG:	
On 5th wall (yo	ou'll start facing front – 12:00), dance the tag and then start the dance again
1, 2□	Step L forward to L diagonal as you push hips over L, hold
3, 4□	Step R out to the R as you push hips over R, hold
5–6□	Over two counts sway hips L
7–8□	Over two counts swap hips R
9, 10□	Sway hips L, swap hips R