

Rumba Time

拍數: 32 牆數: 4 級數: Improver
編舞者: Dougie D (UK) - February 2009
音樂: Sway - The Pussycat Dolls



Intro, wait until vocals begin, and start dance on the word 'STARTS'.(128 bpm,)

Two cross steps to left, sweep left over right into cross rock.recover on right,step left to left side and hold.

1-2 cross right over left, step left behind and in line with right,
3-4 cross right over left, sweep left out and around in front of right
5-6 cross rock left over right, (following on from 3-4), recover on right,
7-8 step left to left side and hold,

Rocking chair, 1/2 turn left, cross chasse to left.

1-2 rock fwd on right, recover on left,
3-4 rock back on right, recover on left.
5-6 step fwd on right, pivot 1/2 turn left,
7&8 cross chasse left, stepping right, left , right,

Rumba box.

1-2 step left to left side, step right beside left
3-4 step fwd on left and hold
5-6 step right to right side, step left beside right,
7--8 step back on right and hold,

Weave to right, cross rock,1/4 turn left, toe point.

1-2 cross left over right, step right to right side,
3-4 cross left behind right, step right to right side,
5-6 cross rock left over right, recover on right,
7-8 step 1/4 turn left on left, point right toe to right side
