

Long Long Way For You

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
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音樂: Long Long Way - Alan Jackson



DIAGONAL SHUFFLE FORWARD r-l-rl TWICE

1 & 2 RF step diagonal forward right, step LF next RF, step RF forward right
3 & 4 LF step diagonal forward left, step RF next LF, step LF forward left
5 & 6 RF step diagonal forward right, step LF next RF, step RF forward right
7 & 8 LF step diagonal forward left, step RF next LF, step LF forward left

KICK - SHUFFLE BACK r + l TWICE

1 - 2 RF kick twice Forward ,
3 & 4 RF step back, step LF next RF, step back RF
5 - 6 LF kick twice forward
7 & 8 LF step back, step RF next LF, step back LF

HEEL BOUNCES - COASTER STEP BACK r + l

1 - 2 RF touch right toe forward right , drop right heel twice
3 & 4 RF step back, LF step next RF, RF step forward
5 - 6 LF touch toe forward left, drop left heel twice
7 & 8 LF step back, RF step next LF, LF step forward

HEEL - TOUCH BACK -CHASSE r - HEEL-TOUCH BACK - CHASSE 1/4 TURNING LEFT

1 - 2 RF touch heel forward, RF touch toe back
3 & 4 RF step to the right, LF step next RF, RF step to the right
5 - 6 LF touch heel forward, LF touch toe back
7 & 8 LF step to the left, RF step next LF, LF step to the left 1/4 turning left

HEEL& HEEL&TOUCH BACK& HEEL& TOUCH BACK& HITCH – SHUFFLE FORWARD

1 & 2 RF touch heel forward, RF step next LF, LF touch left forward
&3 LF step next RF, RF touch back crossing behind LF
& 4 RF step next LF, LF touch heel forward,
& 5 LF step next RF, RF touch back crossing behind LF
& 6 RF step next LF, Hitch left knee
7 & 8 LF step forward, RF step next LF, RF step forward

STEP -PIVOT TURN ½ l- SHUFFLE FORWARD –STEP PIVOT TURN ½ r, SHUFFLE FORWARD

1 - 2 RF step forward 1/2 turning left
3 & 4 RF step forward, LF step next RF, RF step forward
5 - 6 LF step forward 1/2 turning right
7 & 8 LF step forward, RF step next LF, LF step forward

HEEL& HEEL&TOUCH BACK& HEEL& TOUCH BACK &HITCH – SHUFFLE FORWARD

1 & 2 RF touch heel forward, RF step next LF, LF touch left forward
&3 LF step next RF, RF touch back crossing behind LF
& 4 RF step next LF, LF touch heel forward,
& 5 LF step next RF, RF touch back crossing behind LF
& 6 RF step next LF, Hitch left knee
7 & 8 LF step forward, RF step next LF, RF step forward

STEP -PIVOT TURN ½ l- SHUFFLE FORWARD,STEP PIVOT TURN ½ r

1 - 2 RF step forward 1/2 turning left
3 & 4 RF step forward, LF step next RF, RF step forward
5 - 6 LF step forward 1/2 turning right
7 & 8 LF step forward, RF step next LF, LF step forward
