The Perfect Man



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Michele Perron (CAN) - December 2008

音樂: Hate 2 Love Her - Blake Lewis: (CD: Audio Day Dream)



Introduction: 56 Counts, begin on lyrics "But I'm falling...." [you are not beginning on first vocals] Beatboxing at the end of track.

Sec 1 (1-8) Across, Side, R Sailor, &-Touch, Twist In, Twist Out/Turn, Kick		
1,2	RIGHT Step across front of L; LEFT Step side L	
3&4	RIGHT Sailor Triple [Right Step crossed behind L, Left Step side L, Right Recover/Step side R (in place)]	
&56	LEFT Step beside R; RIGHT Touch side R; Twist RIGHT Knee 'in' (CCW)	
7,8	Twist RIGHT Knee 'out' (CW) with 1/4 Turn R; RIGHT Kick forward (3 o'clock)	

Sec 2 (9-16) Coaster Back, Touch/Hip-Forward (3x)

1&2	RIGHT Step back, LEFT Step beside R, RIGHT Step forward
3,4	LEFT Touch forward with L hip bump; LEFT Step forward
5,6	RIGHT Touch forward with R hip bump; RIGHT Step forward
7,8	LEFT Touch forward with L hip bump; LEFT Step forward

Sec 3 (17-24) Coaster Forward, Turn, Turn, L Triple Forward, R Triple Forward

Sec 5 (17-24) Coaster Forward, Turn, Turn, E Triple Forward, K Triple Forward		
1&2	RIGHT Step forward, LEFT Step beside R, RIGHT Step back	
3,4	LEFT Step back and crossed behind R with 1/4 Turn R; RIGHT Step forward with 1/4 Turn R (9 o'clock)	
5&6	LEFT 'Locking' Triple forward (L forward, R forward & crossed behind L, L forward	
7&8	RIGHT 'Locking' Triple forward (R forward, L forward & crossed behind R, R forward)	

Sec 4 (25-32) Across, Back, &-Turn/Together/Twist, Forward/Rock, Recover/Back, &-Turn-Hitch		
1,2	LEFT Step across front of R; RIGHT Step back with 1/4 Turn L	
&34	LEFT Step forward with 1/4 Turn L; RIGHT 'Step' beside L (no weight on R); Twist Heels to R with 1/4 Turn L (12 o'clock)	
5,6	RIGHT Rock/Step forward; LEFT Recover/Step back (in place)	
&78	RIGHT Step forward with 1/2 Turn R; LEFT Step side L with 1/4 Turn R; RIGHT Knee hitch (low) across front of L (9 o'clock)	

Begin Again

One Restart: AFTER three rotations, execute first two sections, Counts 1-16, when he is singing "Oh,oh,oh..."; restart facing six o'clock wall.

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