

5 Years From Now

拍數: 32 牆數: 4 級數: Intermediate
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音樂: 5 Years from Now - Mercury 4



Intro: 8 counts on heavy beat

CROSS SIDE BEHIND, RONDE, BEHIND, ¼ R, STEP, R FORWARD MAMBO, BACK ROCK, ½ R BACK WITH RONDE

- 1&2& Cross right over left, step left to left, cross right behind left, ronde/sweep left from front to back
3&4 Cross left behind right, ¼ turn right step forward on right, step forward on left
5&6 Rock forward on right, recover onto left, step back on right
7&8 Rock back on left, recover onto right, ½ turn right step back on left while ronde right from front to back

BEHIND SIDE CROSS, SIDE ROCK CROSS, TRIPLE FULL TURN R, CROSS SHUFFLE

- 1&2 Cross right behind left, step left to left, cross right over left
3&4 Rock left to left, recover onto right, cross left over right
5&6 ¼ turn right step forward on right, ½ turn right step back on left, ¼ turn right step right to right
7&8 Cross left over right, step right to right, cross left over right

R STEP DRAG, L STEP DRAG, R CHASSE, CROSS, ¼ L, L CHASSE

- 1-2 Step right to right while dragging left toe to right, step left to left while dragging right toe to left
3&4 Step right to right, close left beside right, step right to right
5-6 Cross left over right, ¼ turn left step back on right
7&8 Step left to left, close right beside left, step left to left

R SAMBA, L SAMBA, CROSS, ¼ R, ½ R, SIDE, DRAG

- 1&2 Cross right over left, rock left to left, recover onto right
3&4 Cross left over right, rock right to right, recover onto left
5&6 Cross right over left, ¼ turn right step back on left, ½ turn right step forward on right
7-8 Step left to left, drag right toe to left

REPEAT

TAG

After wall 2, do the following 8 counts.

- 1&2 Rock forward on right, recover onto left, step back on right
3&4 Rock back on left, recover onto right, step forward on left
5-6 Step forward on right, pivot ½ turn left
7-8 Step forward on right, pivot ½ turn left