

# My One Desire

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - January 2009  
音樂: You're the Reason - Dr. Victor & The Rasta Rebels : (CD: If You Wanna Be Happy)



## (1-8) R Cross Rock Side, L Cross Rock ¼ L, ¾ L Turn & R Side, L Cross Rock Side

1&2      Cross rock R over L, recover weight on L, step R side  
3&4      Cross rock L over R, recover weight on R, turning ¼ left step L forward  
5&6      Step R forward, pivot ½ left, turning ¼ left step R side (12 o'clock)  
7&8      Cross rock L over R, recover weight on R, step L side

## (9-16) Weave L 2, Syncopated Weave With Hitch Turning ¼ R, L Fwd Shuffle, R Chase Turn

1-2      Cross step R over L, step L side  
3&      Cross step R behind L, step L side  
4&      Cross step R over L, hitch L up turning ¼ right  
5&6      Step L forward, step R together, step L forward (or lock step)  
7&8      Step R forward, pivot ½ left, step R forward (9 o'clock)

## (17-24) L & R Fwd Hip Bumps, L Fwd Mambo, R Back Mambo

1&2      Stepping L forward bump hips L/R/L  
3&4      Stepping R forward bump hips R/L/R  
5&6      Rock L forward, recover weight on R, step L back  
7&8      Rock R back, recover weight on L, step R forward (9 o'clock)

## (25-32) L Side Rock & Recover Into R Meringue With Flick, R Cross Step, L Back, ½ R Coaster Step, L Fwd On L Diagonal

1&      Rock L side, recover weight on R  
2&      Step L together, step R side  
3&      Step L together, step R side  
4      Step L together & flick R back  
5-6      Cross step R over L, step L back  
7&      Sweeping R ½ right step R back, step L together  
8&      Step R together, step L slightly forward on L diagonal (3 o'clock)

**TAGS: At the END of EVER 2nd wall (AFTER wall 2, 4, 6 & 8) ADD the following 16 count tag and then begin the dance again from the beginning. Also note the dance will finish with the tag.**

## (1-8) Walk Fwd R & L, R Chase Turn, Walk Fwd L & R, L Chase Turn

1-2      Step R forward, step L forward  
3&4      Step R forward, pivot ½ left, step R forward  
5-6      Step L forward, step R forward  
7&8      Step L forward, pivot ½ left, step L forward

## (9-16) R Full Paddle Turn, L Full Paddle Turn

1&2&,3&4&      Over the next 4 counts execute a full turn R  
5&6&,7&8&      Over the next 4 counts execute a full turn L

