

Guantanamera Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Iliane Raiza van der Graaf (NL) - February 2009
音樂: Guantanamera - Helmut Lotti : (CD: Latino Classics & Dancing under the Stars)



STEP BACK, ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, LOCK STEP BACK

1 step back on left
2 rock back on right
3 recover onto left
4 step forward on right
& lock left behind right
5 step forward on right
6 cross left over right
7 make ¼ turn left, step back on right
8 step back on left
& lock left in front of right
9 step back on left

ROCK BACK, RECOVER, LOCK STEP FORWARD, STEP FORWARD, 1¼ TURN RIGHT WITH SWEEP, ANCHOR STEP

10 rock back on right
11 recover onto left
12 step forward on right
& lock left behind right
13 step forward on left
14 step forward on left
15 make 1¼ turn right, sweep right foot around
16 rock back on right
& recover onto left
17 recover onto right

ANCHOR STEP. ANCHOR STEP, BEHIND, SIDE, CROSS, SIDE ROCK RECOVER, BEHIND

18 rock back on left
& recover onto right
19 recover onto left
20 rock back on right
& recover onto left
21 recover onto right
22 step left behind right
& step right to the right side
23 cross left over right
24 rock right to the right side
& recover onto left
25 step right behind left

¼ TURN LEFT, STEP FORWARD, STEP FORWARD, LOCK STEP FORWARD, SIDE ROCK, RECOVER, STEP BACK, LOCK FORWARD

26 make ¼ turn left, step forward on left
27 step forward on right
28 step forward on left
& lock right behind left

29 step forward on left
30 rock right to the right side
& recover onto left
31 step right next to left
32 step back on left
& lock right in front of left

TAG:

There is a 16 count at the end of wall 2, 5 & 8.

STEP BACK, ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, LOCK STEP BACK

1 step back on left
2 rock back on right
3 recover onto left
4 step forward on right
& lock left behind right
5 step forward on right
6 cross left over right
7 make ¼ turn left, step back on right
8 step back on left
& lock left in front of right
9 step back on left

ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, STEP BACK, LOCK FORWARD

10 rock back on right
11 recover onto left
12 step forward on right
& lock left behind right
13 step forward on left
14 cross left over right
15 make ¼ turn left, step back on right
16 step back on left
& lock left in front of right
