

Guantanamera Cha

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Iliane Raiza van der Graaf (NL) - February 2009
音樂: Guantanamera - Helmut Lotti : (CD: Latino Classics & Dancing under the Stars)



STEP BACK, ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, LOCK STEP BACK

1 step back on left
2 rock back on right
3 recover onto left
4 step forward on right
&
5 lock left behind right
6 step forward on right
7 cross left over right
8 make ¼ turn left, step back on right
9 step back on left
&
10 lock left in front of right
11 step back on left

ROCK BACK, RECOVER, LOCK STEP FORWARD, STEP FORWARD, 1¼ TURN RIGHT WITH SWEEP, ANCHOR STEP

12 rock back on right
13 recover onto left
14 step forward on right
15 lock left behind right
16 step forward on left
17 step forward on left
18 make 1¼ turn right, sweep right foot around
19 rock back on right
20 recover onto left
21 recover onto right

ANCHOR STEP. ANCHOR STEP, BEHIND, SIDE, CROSS, SIDE ROCK RECOVER, BEHIND

22 rock back on left
23 recover onto right
24 recover onto left
25 rock back on right
26 recover onto left
27 recover onto right
28 step left behind right
29 step right to the right side
30 cross left over right
31 rock right to the right side
32 recover onto left
33 step right behind left

¼ TURN LEFT, STEP FORWARD, STEP FORWARD, LOCK STEP FORWARD, SIDE ROCK, RECOVER, STEP BACK, LOCK FORWARD

34 make ¼ turn left, step forward on left
35 step forward on right
36 step forward on left
37 lock right behind left

29 step forward on left
30 rock right to the right side
& recover onto left
31 step right next to left
32 step back on left
& lock right in front of left

TAG:

There is a 16 count at the end of wall 2, 5 & 8.

STEP BACK, ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, LOCK STEP BACK

1 step back on left
2 rock back on right
3 recover onto left
4 step forward on right
& lock left behind right
5 step forward on right
6 cross left over right
7 make ¼ turn left, step back on right
8 step back on left
& lock left in front of right
9 step back on left

ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, STEP BACK, LOCK FORWARD

10 rock back on right
11 recover onto left
12 step forward on right
& lock left behind right
13 step forward on left
14 cross left over right
15 make ¼ turn left, step back on right
16 step back on left
& lock left in front of right
