

Jingle Bell Rock

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ginette Jones - January 2009
音樂: Jingle Bell Rock - Point of Grace



BASIC JIVE STEP

Rock right foot back behind left foot, recover weight onto left foot (1, 2)
Chasse to right – step right foot to right side, close left foot to right foot, step right foot to right side (3 & 4)
Chasse to left – step left foot to left side, close right foot to left foot, step left foot to left side (5 & 6)

JIVE WITH ¼ TURN AND ½ TURN TO RIGHT

Rock right foot back behind left foot, recover weight onto left foot (7, 8)
Step right foot to right side, close left foot to right foot, step right foot ¼ turn to right (9 & 10)
Shuffle half turn to right stepping left, right, left (11 & 12)

STEP BACK AND TAP X 2

Step right foot back, tap left toe next to right foot
Step left foot back, tap right toe next to left foot

HEEL DIG, STEP X 4

Dig right heel forward, step forward onto right foot
Dig left heel forward, step forward onto left foot
Repeat

SUPREME SHUFFLES X 2

Step right foot to right side turning body slightly right, step left foot next to right foot, step right foot to right side, hold or wait for one count
Repeat starting with left foot.
For styling on the Supremes Shuffles, bend elbows at side and push/swing hands in direction of travel, forward, back, forward, back.

Repeat

Have fun!
