Ai De Li Wu

拍數: 0

級數: Phrased Easy Intermediate

編舞者: Lee Yoke Pheng - December 2008

音樂: Ai De Li Wu - Lin Shu Rong

Sequence Of Dance: AAB/AA/AAB/AA

Intro: 40 counts - start on vocal

Part A

SWAY R & L, FORWARD CHA CHA, PIVOT 1/4 RIGHT, CROSS CHA CHA

- 1-2 Step right to right side swaying hips right, sway hips left
- 3&4 Forward cha cha on RLR
- 5-6 Step left forward, pivot ¼ turn right
- 7&8 Cross cha cha on LRL (3.00)

SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, ¼ TURN LEFT, HOLD

- 1-2 Rock right to right side, recover on left
- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Rock left to left side, recover on right turning ¼ left
- 7-8 Weight on right, hold (extend right in front as if giving something to someone) (12.00)

BALL STEP, CROSS SIDE, UNWIND ¾ RIGHT, LEFT CHASSE, BACK ROCK RECOVER

- &1-2 Step left beside right, cross right over left, step left to left side
- 3-4 Touch right behind left, unwind ³/₄ turn right shifting weight onto right (9.00)
- 5&6 Side cha cha to left side on LRL
- 7-8 Rock right behind left, recover onto left

RIGHT CHASSE, BACK ROCK RECOVER, ¾ TURN RIGHT CHA CHA FORWARD

- 1&2 Side cha cha to right side on RLR
- 3-4 Rock left behind right, recover on right
- 5-6 ¹/₄ turn right stepping left back, ¹/₂ turn right stepping right forward (6.00)
- 7&8 Forward cha cha on LRL

Part B

CROSS, RECOVER, SIDE, HOLD X 2

- 1-2 Cross right over left, recover on left
- 3-4 Step right to right side, hold (raise both hands on 3, lower hands on 4)
- 5-6 Cross left over right, recover on right
- 7-8 Step left to left side, hold (similar arm movements as in 3-4)

SIDE, RECOVER, HIP BUMPS X 2

- 1-2 Rock right to right side, recover on left
- 3&4 Bump hips RLR (from the chest spread both hands out to the sides with palms facing up & then bring them down to the sides)
- 5-6 Rock left to left side, recover on right
- 7&8 Bump hips LRL with similar arm movements in 3&4

BACK, RECOVER, FORWARD CHA CHA, PIVOT TURN, TURN CHA CHA

- 1-2 Rock right back, recover on left
- 3&4 Forward cha cha on RLR
- 5-6 Step left forward, pivot ¹/₂ turn right
- 7&8 Triple ½ turn right





牆數:0

DIAGONAL BACK-TOUCH X 2, DIAGONAL FORWARD-TOUCH X 2

- 1-2 Step right diagonal back, touch left beside right & clap
- 3-4 Step left diagonal back, touch right beside left & clap
- 5-6 Step right diagonal forward, touch left beside right & clap
- 7-8 Step left diagonal forward, touch right beside left & clap

ENDING: You will be facing 6.00 wall. Instead of the $\frac{3}{4}$ turn right unwind, do a slow $\frac{1}{2}$ right unwind to face the home wall again at the end of the dance.