

Red Light

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Funky Intermediate
編舞者: Daan Geelen (NL) & Kate Sala (UK) - January 2009
音樂: Redlight (Radio Edit) - Ian Carey



Start after a.

Kick R, Tap, Slide Back With Knee Pop, Hitch R, Step R Back, Swivel R Back With Toe Heel, Slide L Next to R.

- 1, 2 Kick R forward. Tap R next to L.
- 3 Slide R foot back keeping your weight forward on L and popping L knee forward.
- 4, 5 Hitch R knee up. Small step back on R.
- 6, 7 Toe fan R toes to the R. Swivel R heel back straightening up the foot. (Weight on R).
- 8 Drag L foot back next to R.

Side Rock L, Recover, Cross Step L, Turn 1/4 L, Side Step L, Cross Step R Over L, Side Switches L & R.

- 1, 2 Rock on to L out to L side. Recover on to R.
- 3, 4 Cross step L over R. Turn 1/4 L stepping back on to R.
- 5, 6 Step L out to L side. Cross step R over L.
- 7 & 8 Side touch L to L side. Step L next to R. Side touch R out to R side.

Knee pop with R, Step R In Place, Step Forward On L, Hold, Ball Step, Cross, Back Ball Cross, Turn 1/4 L Stepping Back On R.

- 1 & 2 Pop R knee in towards L. Step R next to L. Step forward on L.
- 3 & 4 Hold for 1 count. Step on ball of R next to L. Step forward on L.
- 5 Cross step R over L.
- 6 & 7 Step back on L. Step on ball of R next to L. Cross step L over R.
- 8 Turn 1/4 L stepping back on R.

Turn 1/4 L. Turn 1/2 L Stepping Back On R. Step L Back. Step R Back With L Knee Pop, Coaster Step, Walk Forward R, L With Optional Arm Movements.

- 1, 2 Turn 1/4 L stepping forward on L. Turn 1/2 L stepping back on R..
- 3, 4 Step back on L. Step back on R popping L knee forward (Weight on R into a sit position).
- 5 & 6 Step back on L. Step R next to L. Step forward on L.
- 7, 8 Walk forward on R, L.

Optional arms for the above counts 7, 8

Count 7 – Clap hands together in front of chest with straight arms.

Count & - With R hand push L arm to L side & sliding the R hand down the inside of the L arm.

Count 8 - R hand continues sliding on to the chest & opening the R arm out straight to R side.

At the same time bend the L arm at the elbow and placing the back of the hand against the middle of the back.

End of dance. Start again. ENJOY!