

Sweet Caroline

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Laurel Ingram (UK) - August 2008
音樂: Sweet Caroline - Neil Diamond : (Album: The Best of Neil Diamond)



Intro: 28 count intro. 128bpm.

Section 1: Chasse Right, Back Rock, Chasse Left, Back Rock

1&2 Step right to right side. Close left beside right. Step right to right side.
3-4 Rock back on left. Recover onto right.
5&6 Step left to left side. Close right beside left. Step left to left side.
7-8 Rock back on right. Recover into left.

Section 2: Side Strut. Turn ½ Right Side Strut. Turn ½ Right Side Strut. Chasse ¼ turn Left

1-2 Step Right toe to right side, drop right heel down. Clap.
3-4 Turn ½ right touch left to left side, drop left heel down. Clap.
5-6 Turn ½ right touch right to right side, drop right heel down. Clap.
7&8 Step left to left side. Close right beside left. Turn ¼ left. Step forward on left.

Section 3: Forward Rock. Coaster Step. Forward Rock Sailor ½ Turn

1-2 Rock forward on right. Recover on left.
3&4 Step right back. Step left beside right. Step right forward.
5-6 Rock forward on left. Recover on right.
7&8 Make ½ turn left crossing left behind right. Step right to right side. Step left in place.

Section 4: Cross Side, Sailor Step. Cross, Side, Chasse ½ Turn

1-2 Cross right foot over left. Step left to left side.
3&4 Cross right behind left. Step left to left side. Step right in place.
5-6 Cross left foot over right. Step right to right side.
7&8 Make ½ turn left. Step left to left side. Close right beside left. Step left to left side.

Section 5: Cross, Side, Sailor Kick Cross, Side. Sailor ½ Turn.

1-2 Cross right foot over left. Step left to left side.
3&4 Step right behind left, step left to left side, kick right to right diagonal
&5-6 Step right to right side. Cross left foot over right. Step right to right side.
7&8 Make ½ turn left crossing left behind right. Step right to right side. Step left in place.

Section 6: ¼ Turn Toe Strut. ½ Turn Toe Strut. Back Strut. Coaster Step

1-2 Step right toe to right side turning ¼ right. Drop right heel down.
3-4 Step back on left toe turning ½ right. Drop left heel down.
5-6 Step back on right toe. Drop right heel down.
7&8 S tep left back. Step right beside left. Step left forward.

Section 7: ½ Right Monteray Turns Twice

1-2 Point right to right side, turn ½ right stepping right next to left
3-4 Point left to left side, step left next to right.
5-6 Point right to right side, turn ½ right stepping right next to left.
7-8 Point left to left side, step left next to right.

Section 8: Right Kick Ball Change, Right Sailor. Left Touch Unwind ½ Left. Sway Right & Left

1&2 Kick right forward. Step down on right. Step left beside right.
3&4 Cross right behind left. Step left to left side. Step right in place.

- 5-6 Cross left behind right. Unwind $\frac{1}{2}$ left. (keeping weight on left)
7-8 Sway hips to right side. Sway hips to left side.

Tag Danced at the end of Wall 5. $\frac{1}{2}$ Right Monteray Turns Twice. Right Jazz Box

- 1-2 Point right to right side, turn $\frac{1}{2}$ right stepping right next to left.
3-4 Point left to left side, step left next to right.
5-6 Point right to right side, turn $\frac{1}{2}$ right stepping right next to left.
7-8 Point left to left side, step left next to right.
1-2 Cross Right over left foot. Step back on left foot.
3-4 Step right to right side. Close left next to right foot.

Tag: There is a 12 count tag danced at the end of wall 5 then restart from the beginning of the dance facing 6.00 wall
