

Me Me Me

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kim Ray (UK) - November 2008
音樂: Hold Me, Thrill Me, Kiss Me - Gloria Estefan



intro 4 counts

Step Forward Full Turn Right, Step Forward Full Turn Left, ¼ Pivot Left, Cross ½ Turn

- 1 Step forward on right
2& Step left next to right & ½ turn right, step right next to left & ½ turn right (on the spot)
3 Step forward on left
4& Step right next to left & ½ turn left, step left next to right & ½ left (on the spot)
(Non turning alternative to 1-4& above:- 1 Step forward on right. 2& Cross left behind right, step right in place.
3 Step forward on left. 4& Cross right behind left, step left in place)
5&6 Step forward on right, ¼ pivot turn left weight still on right leaning to right, take weight on left
7&8 Cross right over left, ¼ turn right stepping back on left, ¼ turn right stepping right to right side

Cross Rock/Recover & Cross, Step Side Left & Cross Shuffle, ¾ Triple Turn Left

- 1-2 Cross rock/lean left over right, recover back on right
&3-4 Step left next to right, cross right over left, step left to left side
& Step right next to left
5&6 Cross left over right, step right to right side, cross left over right
7&8 ¼ turn left stepping slightly back on right, ¼ turn left stepping slightly forward on left, ¼ left stepping right to right side

Rock Back/Recover & ½ Turn Right, Back Lock Step, & Step Forward On Right, Left Lock Step Forward, Step Forward On Right

- 1&2 Rock back on left, recover on right, ½ turn right stepping back on left
3&4 Step back on right, cross left over right, step back on right
& Step left next to right
5 Small step forward on right
6&7 Step forward on left, cross right behind left, step forward on left
8 Small step forward on right

½ Pivot Right, ¾ Pivot Left, Back Lock Step, & Forward, Forward, Lock

- 1&2 Step forward on left, ½ pivot turn right, step forward on left
3&4 Step forward on right, ½ pivot turn left, ¼ turn left and step right to right side
5&6 Step back on left, cross right over left, step back on left
& Step right next to left
7 Small step forward on left
8& Small step forward on right, step left behind right

Note: DURING wall 6 (on counts 5&6 of section 2 through to count 8 of section 3) music slows, don't change tempo keep as previous - you should be on counts 1&2 of section 4 when kicks in again.

Finish: You will start last wall facing 3 o/c. Dance up to count 8 of section 1 (facing back) now ½ hinge turn right stepping left to left side, touch right next door (facing front).