

Keep Me Awake!

COPPER KNOB
STEP SHEETS

拍數: 48 牆數: 4 級數: Intermediate NC2S
編舞者: Katharina Handberg (DK) - November 2008
音樂: Awake - Josh Groban : (Album: A collection, 2008)



Intro: 16 counts

Restart: On 4th wall after 32 counts,

Tag: 4 count tag at the end of 5th wall

Section 1: Step back, ½ turn L, Step fw, Cross, ¼ L, ¼ L, Full turn L, Step fw, Cross, Coasterstep _____

1,2& Step R back, turn ½ turn L stepping L fw, step R fw 6:00
3,4& Cross L over R, turn ¼ turn L step R back, turn ¼ turn L step L fw 12:00
5,6& turn ½ turn L stepping R back, turn ½ turn L step L fw, step R fw 12:00
7&8& Cross L over R, step R back, Step L back, step R fw

Section 2: Full spiral L, L side rock, Cross turn side x 3, Cross _____

1,2& Full spirallturn L, rock L to L side, recover on R 12:00
3,4& cross L over R, ¼ turn L step R back, L to L side 9:00
5,6& cross R over L, ¼ L step fw on L, step R to R side 6:00
7&8& Cross L over R, ¼ L step R back, Step L to L side, Cross R over L 3:00

Section 3: L basic, R basic, L lunge, recover, together, R fw, 1½ turn R _____

1,2& Step L to L side, Cross R behind L, Cross L over R
3,4& Step R to R side, Cross L behind R, Cross R over L
5,6& press L fw to diagonal (1:30), recover onto R, step L together with R 12:00
7&8& step R fw, turn ½ turn R step L back, ½ turn R step R fw, ½ turn R Step L back 6:00

Section 4: R Sweep, Cross behind, Side, Cross rock, ¼ R, ¼ R side rock, Cross, ¼ L, ¼ L, Cross, ¼ back

1,2& Sweep R foot from front to back, cross R behind L, step L to L side
3,4& Cross R over L, recover on L, ¼ R step R fw 9:00
5,6& ¼ right step L to L side, recover on R, Cross L over R 12:00
7&8& ¼ turn L step R back, ¼ turn L step L to side, Cross R over L, ¼ R step L back (restart wall 4) 9:00

Section 5: Back rock, Step fw, ½ turn R, rock step, R jazzbox, R basic _____

1,2& Rock back on R (with prep), recover on L, 1/2 turn L stepping back on R 3:00
3,4& Rock back on L, recover on R, step fw on L
5&6& Cross R over L, Step L back, R to R side, cross L over R
7,8& Step R to R side, Cross L behind R, Cross R over L

Section 6: ¼ R, Side, Cross, Chasse with ¼ R, Cross, Shuffle back, rock step, ½ R _____

1,2& Step L back making ¼ R, Step R to R side, Cross L over R 6:00
3&4& Step R to R side, Step L together with R, step R fw making ¼ R, Cross L over R 9:00
5,6& Step R back, step L together with R, step R back,
7,8& Rock back on L, recover on R, turn ½ turn R step L back 3:00

Tag: Back Rock, Step fw, ½ turn R, Side, Cross

1,2& Step R back, rock back on L, recover on R
3,4& Turn ½ turn R step L back, Step R to R side, Cross L over R

Note:

The restart come when you are facing 6:00

When you restart the dance after the tag, make a $\frac{1}{4}$ turn L while you're stepping R back facing 12:00
