

I Can't Win

拍數: 32 牆數: 4 級數: Intermediate WCS
編舞者: Helena Jeppsson (SWE) - December 2008
音樂: I Can't Win (feat. Ne-Yo) - Usher



NOTE: Restart on 5th wall, tag at the end of 9th wall (facing 9.00)

Mambo step, anchor step, walk x2, ¼ turn L, point

1&2 Rock fwd on right foot, recover, step back on right foot
3&4 Step left foot behind right in 3rd position, recover weight onto right, recover weight back onto left
5,6 Walk fwd on right, left
&7,8 Make a ¼ turn left step right foot to side (12.00), cross left in front of right, point right toe to side

Sailor step, ball point, ½ turn R, lock step, point out, in, step side

1&2 Step right foot behind left, step left to side, recover weight onto right
&3 Step left foot beside right, point right toe to side
4 Make a ½ turn right stepping right beside left (weight on right)
5&6 Step fwd on left, lock right behind left, step fwd on left
7&8 Point right toe to side, touch right toe next to left, step right foot to right side

Sailor step with ¼ turn L, lock step, sweep, coaster step, ½ turn L

1&2 Step left foot behind right, step right foot to right side, make a ¼ turn left step fwd on left
&3 Lock right foot behind left, step fwd on left sweep right foot from back to front
4 Cross right foot in front of left
5&6 Step back on left foot, step right beside left, step fwd on left
7,8 Make a ½ turn left with right knee up, step right foot to right side

Sway x2, touch, lock step, step ¼ turn L, cross, ½ turn R, fwd

1&2 Sway hips to left, right, touch left toe next to right
3&4 Step fwd on left, lock right behind left, step fwd on left
5&6 Step fwd on right foot, make a ¼ turn left weight on left, cross right in front of left
7&8 Make a ¼ turn right step back on left, ¼ turn right step right to right side, step fwd on left foot

Restart on 5th wall is made in section 3, on counts 7, 8. Replace the half turn left with a ¼ turn left

7,8 Step fwd on right foot, make a ¼ turn left, weight ends on left

TAG at the end of 9th wall facing 9 o'clock

Rock step, shuffle ½ turn R, rock step, shuffle ½ turn L

1,2 Rock fwd on right foot, recover
3&4 Shuffle ½ turn right stepping right left right
5,6 Rock fwd on left foot, recover
7&8 Shuffle ½ turn left stepping left right left