

I'm Done

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Dee Musk (UK) - November 2008
音樂: I'm Done - The Pussycat Dolls : (CD: Doll Domination)



Intro: 24 Count Intro start on vocals (The word 'I') (approx 13 secs).

Step Step ½ Pivot R, Step ¾ Turn L With Hitch.

123 Step forward on R, step forward on L, pivot ½ turn R.
456 Step forward on L, make a ½ turn L (stepping back on R), make a ¼ turn L hitching L knee.
 [9 o'clock]

Side Drag, Cross Rock Point.

123 Step L to L side, drag and touch R beside L.
456 Cross rock R over L, recover weight to L, point R to R side. [9 o'clock]

Right Twinkle, Cross ¾ Turn L.

123 Cross R over L, step L to L side, step R to R side.
456 Cross step L over R (1), turning L make a ¼ stepping back on R (2), continuing to turn L
 make a ½ turn L stepping forward on L.

(Easier Option for counts 4,5,6 Cross Side Cross facing 9 o'clock – then refer to Easier Option for the next 3 counts). [12 o'clock]

¼ Turn L With Sweep, ½ Twinkle Turn R.

123 Make a ¼ turn L sweeping R from behind to in front of L over 3 counts. (now facing 9 o'clock).

(Easier Option for counts 1,2,3 still facing 9 o'clock – Sweep R from behind to in front of L over 3 counts).

456 Cross R over L, make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side. [3 o'clock]

Left Twinkle, Step Drag.

123 Cross L over R, step R to R side, step L to L side.
456 Step forward on R on count 4, drag L to beside R on counts 5,6. [3 o'clock]

Step ½ Pivot Step R, Lunge Hold.

123 Step forward on L, make a ½ turn R, step forward on L.
456 Step forward and lunge on R on count 4, hold counts 5,6. [9 o'clock]

Recover L Run Back R,L, point R Hold.

123 Recover weight L (on count 1), run back R (on count 2), run back L (on count 3).
456 Point R to R side on count 4, hold counts 5,6. [9 o'clock]

Cross Point, Behind Point.

123 Cross Step R over L on count 1, point L to L side on count 2, hold count 3.
456 Cross step L behind R on count 4, point R to R side on count 5, hold count 6. [9 o'clock]

Twinkle R, Twinkle L.

123 Cross R over L, step L to L side, step R to R side.
456 Cross L over R, step R to R side, step L to L side. [9 o'clock]

Step Hold, ½ Turn L hold.

123 Step forward on R on count 1, hold counts 2,3 (weight forward on R).
456 Make a ½ turn L on count 4 (transferring weight forward onto L) hold counts 5,6. [3 o'clock]

Twinkle R, Twinkle L.

123 Cross R over L, step L to L side, step R to R side.

456 Cross L over R, step R to R side, step L to L side. [3 o'clock

Step Sweep ½ Turn R, Step Sweep ¼ Turn L.

123 Step forward on R, on ball of R make a ½ turn R sweeping L round to touch beside R.

456 Step forward on L, on ball of L make a ¼ turn L sweeping R round to touch beside L. [6 o'clock]

Relax and enjoy!!
