

On The Spot

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Ross Brown (ENG) - December 2008
音樂: Alex On the Spot - Hans Zimmer : (CD: Madagascar Escape 2 Africa Soundtrack)



Intro: 12 Counts (Approx. 5 Secs)

MAMBO FORWARD. WALK BACK, BACK. JUMP OUT, OUT, CROSS. BACK STEP ¼ TURN, SIDE STEP ¼ TURN.

1&2 Rock forward with right, recover onto left, step back with right Walk back; left, right.
&5-6 Jump left to the left, jump right to the right, cross step left over right.
7-8 Make a ½ turn left stepping; back with right, left to the left. (6 o'clock)

CROSS ROCK, RECOVER. STEP ¼ TURN, SIDE STEP ¼ TURN. ROCK BACK, RECOVER. KICK BALL CROSS.

1-2 Cross rock right over left, recover onto left.
3-4 Make a ½ turn right stepping; forward with right, left to the left. (12 o'clock)
5-6 Rock back with right, recover onto left.
7&8 Kick right foot forward, step right next to left, cross step left over right.

SIDE, BACK, CROSS. SIDE, BACK, CROSS. BACK STEP ¼ TURN, STEP ¼ TURN.

1-2-3 Step right to the right, step back with left, cross step right over left.
4-5-6 Step left to the left, step back with right, cross step left over right.
7-8 Make a ½ turn left stepping; back with right, forward with left. (6 o'clock)

RESTART On Wall 6, restart the dance at this point facing 12 o'clock.

ROCK FORWARD, RECOVER. SHUFFLE ½ TURN. TOE STRUT, PIVOT ½ TURN. ROCK BACK, RECOVER.

1-2 Rock forward with right, recover onto left.
3&4 Shuffle a ½ turn right stepping; right, left, right. (12 o'clock)
5-6 Touch left toe forward, pivot a ½ turn right placing left heel. (6 o'clock)
7-8 Rock back with right, recover onto left.

TAGS At the end of Wall 1 dance all 3 Counts of the Tag facing 6 o'clock, at the end of Wall 4 dance the first 2 Counts of the Tag facing 6 o'clock.

1-2 Step forward with right, pivot a ½ turn left. (12 o'clock)
3 Touch right next to left.

End of Dance. Start again and Enjoy!