Come Get Your Love



拍數: 48 牆數: 1 級數: Improver

編舞者: Marjorie Barnabas-Shaw (MY) - December 2008

音樂: Come and Get Your Love - Real McCoy: (Album: Another Night)



Intro Count 36 counts (start on "yeah....")

A. SIDE ROCK LEFT AND STEP BACK LEFT-RIGHT (2x).

1-2	Rock side left. Recover onto right.
3-4	Step back left. Step right beside left.
5-6	Rock side left. Recover onto right.
7-8	Step back left. Step right beside left.

B. LOCK BACK LEFT, ROCK BACK RIGHT, STEP-TOUCH, 1/2 TURN SHUFFLE BACK LEFT.

1&2 Step back left. Lock right across left. Step back left.

3-4 Rock back right. Recover onto left.

5-6 Step forward right. Touch left toe beside right foot.

7&8 Shuffle 1/2 turn left on left-right-left.

C. ROCKING CHAIR FORWARD RIGHT, STEP, BEHIND-SIDE-CROSS, 1/4 RIGHT, STEP.

1-2 Rock forward right. Recover onto left.

3&4 Rock back right. Recover onto left. Step right beside left.

5&6 Cross left behind right. Step right to right side. Cross left over right.

7-8 Step 1/4 right on right. Step forward left.

D. RIGHT LUNGE, ROCK BACK RIGHT & HEEL, RIGHT LUNGE, ROCK BACK RIGHT & STEP.

1-2 Lunge right to right side. Recover onto left.

3&4 Rock back right. Recover onto left. Dig right heel forward.

5-6 Lunge right to right side. Recover onto left.

7&8 Rock back right. Recover onto left. Step right next to left.

E. CROSS LEFT-POINT, CROSS BACK RIGHT-POINT (2x).

1-2	Cross left over right. Point right diagonally forward.
3-4	Cross right behind left. Point left diagonally back.
5-6	Cross left over right. Point right diagonally forward.
7-8	Cross right behind left. Point left diagonally back.

F. CROSS LEFT, 1/4 RIGHT, SHUFFLE FORWARD LEFT, ROCK FORWARD RIGHT AND, RIGHT CHASSE.

1-2 Cross left over right. Step 1/4 right on right.

3&4 Step forward on left. Close right beside left. Step forward left.

5-6 Rock forward right. Recover onto left.

7&8 Step right to right side. Close left beside right. Step right to right side.

TAG: End of 2nd and 4th Sequence

Walk back on Left, Right, Left, Right (4 counts) before re-start

~ * ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ * ~