All That She Wants

拍數: 32

級數: Improver

編舞者: Marjorie Barnabas-Shaw (MY) - December 2008

音樂: All That She Wants - Ace of Base : (Album: Happy Nation / The Sign)

Intro Count: Start on vocals: " .. when she woke up late"

A. CUBAN MOTION GRAPEVINE LEFT, TOUCH, POINT, HEEL-FLICKS, MODIFIED GRAPEVINE RIGHT-KICK.

- 1&2 Step left to left side. Cross right behind left. Step left to left side. (Cuban motion)
- 3-4 Touch right toe forward. Point right toe to right side.
- 5&6 Flick right heel behind left. Point right toe to right side. Flick right heel behind left.
- 7&8 Step right to right side. Cross left behind right. Step right to right side & kick left diagonally forward.

B. FORWARD ON LEFT-RIGHT-LEFT, BACK RIGHT, POINT LEFT, FORWARD AND BACK WITH TOE TOUCHES.

- 1&2 Step forward left. Step forward right. Step forward left.
- 3-4 Step back right. Point left to left side.
- 5-6 Step forward left. Touch right toe forward.
- 7-8 Step back right. Touch left toe back.

C. ROCK BACK-LEFT, 1/4 RIGHT, HEEL, ROCK BACK LEFT, RECOVER, HEEL, SIDE ROCKS, MAMBO LEFT.

- 1&2 Rock back on left. Step 1/4 right on right. Dig left heel forward.
- 3&4 Rock back left. Recover onto right . Dig left heel forward.
- 5-6 Rock side left. Rock side right.
- 7&8 Rock forward left. Recover onto right. Step left beside right.

D. STEP BACK-CROSS, SIDE (2x), SIDE ROCKS, CUBAN MOTION GRAPEVINE RIGHT.

- 1&2 Step back right. Cross left over right. Step right to right side.
- 3&4 Step back left. Cross right over left. Step left to left side.
- 5-6 Rock right to right side (bump hips to right). Rock left to left (bump hips to left).
- 7&8 Step right to right side. Cross left behind right. Step right to right side. (Cuban motion)

~ * ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ * ~





牆數:4