Dance Fever



拍數: 56

級數: Improver

編舞者: Gerald Biggs (USA) - December 2008

牆數:4

音樂: Night Fever - Bee Gees : (CD: Saturday Night Fever, The Original Movie Soundtrack Remastered)

Start On Lyrics (32 count intro)

SYNCOPATED WEAVE LT, SHUFFLE FORWARD, LT ROCK FORWARD WITH HIP THRUST, RECOVER BACK ONTO RT WITH HIP THRUST

- 1-2 Step LT to side, Step RT behind LT
- &3-4 (Step LT to side on &) Step RT over LT, Step LT to side
- 5&6 Shuffle forward, R,L,R
- 7-8 Rock forward onto LT with LT hip thrust forward (10:00) Recover onto RT with RT hip thrust back (4:00)

SHUFFLE STEPS BACKWARD, SAILOR STEP WHILE TURNING ¼ TURN LT, CROSS SHUFFLE

- 1&2 Shuffle step back, L,R,L
- 3&4 Shuffle step back, R,L,R
- 5&6 Step LT behind RT, Step RT to side while turning ¼ turn LT (9:00) Step LT next to RT
- 7&8 LT side Cross shuffle RT over LT, R,L,R

LT SIDE ROCK, RECOVER, UNWIND ½ TURN RT, SHUFFLE STEPS FORWARD

- 1-2 Rock side LT onto LT, Recover onto RT
- 3-4 Step LT toe across RT, Pivot ½ turn RT (3:00) (weight RT)
- 5&6 Shuffle forward, L,R,L
- 7&8 Shuffle forward, R,L,R

LT ROCK FORWARD, COASTER STEP, RT ROCK FORWARD, COASTER STEP

- 1-2 Rock forward onto LT, Recover back onto RT
- 3&4 Step back LT, Step RT next to LT, Step forward LT
- 5-6 Rock forward onto RT, Recover back onto LT
- 7&8 Step back RT, Step LT next to RT, Step forward RT

LT ROLLING VINE, DOUBLE KICK BALL CHANGE

- 1-2 Step LT to side while turning ¼ turn LT (12:00) Step RT to side while turning ¼ turn LT(9:00)
- 3-4 Step LT to side while turning ½ turn LT (3:00) Touch RT toe next to LT
- 5&6 Kick RT forward, Step RT next to LT, Step LT in place
- 7&8 Kick RT forward, Step RT next to LT, Step LT in place

SHUFFLE STEP FORWARD, FORWARD ROCK, RECOVER, ½ TURN TRIPLE STEP, SHUFFLE STEP FORWARD

- 1&2 Shuffle step forward, R,L,R
- 3-4 Rock forward onto LT, Recover back onto RT
- 5&6 Triple step , L,R,L while turning ½ turn LT (9:00)
- 7&8 Shuffle step forward, R,L,R

STEP TURN, SHUFFLE STEP FORWARD, FORWARD ROCK, RECOVER, COASTER STEP

- 1-2 Step LT forward, Pivot ½ turn RT (3:00) (weight RT)
- 3&4 Shuffle forward, L,R,L
- 5-6 Rock forward onto RT, Recover back onto LT
- 7&8 Step back RT, Step LT next to RT, Step forward RT

Start Again