

Homey Twist

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Improver
編舞者: Annie Saerens (BEL) - December 2008
音樂: Come On Homie "Let's Do The Twist" - DJ Casper



SIDE STEP, TOG, SIDE STEP, JUMP(CLAP), SIDE STEP, TOG, SIDE STEP, JUMP(CLAP)

1-2-3-4 R side step, together with L, R side step, jump in place together with L (clap)
5-6-7-8 L side step, together with R, L side step, jump in place together with R (clap)

SIDE STEP, JUMP(CLAP), SIDE STEP, JUMP(CLAP), JAZZ BOX

1-2-3-4 R side step, jump in place together with L (clap), L side step, jump in place together with R (clap)
5-6-7-8 Cross over with R, back step with L, R side step, together with L

¼ TURN L, TOUCH, SIDE STEP, ¼ TURN R, TOUCH, ¼ TURN R, TOUCH, ¼ TURN L, TOUCH

1-2-3-4 ¼ turn to L stepping side with R, touch beside with L, L side step, ¼ turn to R together with a R touch
5-6-7-8 ¼ turn to R stepping side with R, touch beside with L, ¼ turn to L stepping forward with L, touch R beside

LONG SIDE STEP, CROSS TOUCH, TOUCH, CROSS TOUCH, ¼ TURN L, R FORWARD STEP, ½ TURN, ¼ TURN STEP, TOGETHER, STEP

1-2-3-4 Long R side step, L cross touch behind, L touch to side, L cross touch behind
5-6&7&8 ¼ turn L stepping forward with L, R fwd step, ½ turn to L (weight on R), ¼ turn to L stepping forward with L, beside with R, L forward step

ROCKING CHAIR, ½ TURN SHUFFLE, BACK ROCK STEP

1-2-3-4 Rock forward with R, recover onto L, rock back with R, recover onto L
5&6-7-8 ½ turn shuffle to L (R,L,R), rock back with L, recover onto R

½ TURN SHUFFLE, BACK ROCK STEP, HEEL BALL STEP, HEEL BALL STEP

1&2-3-4 ½ turn shuffle to R (L,R,L), rock back on R, recover on to L
5&6-7&8 R forward heel touch, together with R, L forward step bending both knees, R forward heel touch, together with R, L forward step bending both knees

REPEAT

TAG

After dancing 4 times add following 16 counts

¼ PIVOT TURNS (X2)

1-2-3-4 R forward step, ¼ turn to L, R forward step, ¼ turn to L

LITTLE FORWARD STEP, DIAGONAL FORWARD HEEL TOUCHES

5-6-7-8 Little R forward step (bending knees), diagonal forward L heel touch (raising legs) together with

R(bending knees), forward R heel touch (raising legs)

Repeat these 8 counts

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