

# Little Polka

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Jo Thompson Szymanski (USA) & Rita Thompson (USA) - December 2008  
音樂: Sing A New Song, Dance A New Dance - Scooter Lee : (CD: Home To Louisiana)



## Start dancing on lyrics

### Heel, Toe, Polka Right Side, Heel, Toe, Polka Left Side

- 1-2      Touch right heel diagonally forward, touch right toe together (or hook across in front of left if you prefer)  
3&4      Step right to side, step left together, step right to side  
5-6      Touch left heel diagonally forward, touch left toe together (or hook across in front of right if you prefer)  
7&8      Step left to side, step right together, step left to side

**As a more advanced version of the above, do heel ball changes or heel ball crosses:**

### Heel Ball Crosses

- 1&2      Touch right heel diagonally forward, step right back, cross left over right  
3&4      Chassé to right side  
5&6      Touch left heel diagonally forward, step left back, cross right over left  
7&8      Chassé to left side

### Heel, Toe, Polka Right Side, Heel, Toe, Polka Left Side (Or Heel Ball Crosses)

- 1-8      Repeat above 8 counts

### Two Forward Polka Steps, Jazz Box With Turn $\frac{1}{4}$ Right

- 1&2      Step right forward, step left together, step right forward  
3&4      Step left forward, step right together, step left forward  
5-8      Cross right over left, step left back, turn  $\frac{1}{4}$  right and step right to side, step left together

### Two Forward Polka Steps, Jazz Box With Turn $\frac{1}{4}$ Right

- 1-8      Repeat above 8 counts

## Repeat

Can also be used as floor split for Rose Garden, Who The Hell Is Alice, Hooked On Country

[jo.thompson@comcast.net](mailto:jo.thompson@comcast.net) / [www.jothompson.com](http://www.jothompson.com)