

Little Polka

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Jo Thompson Szymanski (USA) & Rita Thompson (USA) - December 2008
音樂: Sing A New Song, Dance A New Dance - Scooter Lee : (CD: Home To Louisiana)



Start dancing on lyrics

Heel, Toe, Polka Right Side, Heel, Toe, Polka Left Side

- 1-2 Touch right heel diagonally forward, touch right toe together (or hook across in front of left if you prefer)
3&4 Step right to side, step left together, step right to side
5-6 Touch left heel diagonally forward, touch left toe together (or hook across in front of right if you prefer)
7&8 Step left to side, step right together, step left to side

As a more advanced version of the above, do heel ball changes or heel ball crosses:

Heel Ball Crosses

- 1&2 Touch right heel diagonally forward, step right back, cross left over right
3&4 Chassé to right side
5&6 Touch left heel diagonally forward, step left back, cross right over left
7&8 Chassé to left side

Heel, Toe, Polka Right Side, Heel, Toe, Polka Left Side (Or Heel Ball Crosses)

- 1-8 Repeat above 8 counts

Two Forward Polka Steps, Jazz Box With Turn ¼ Right

- 1&2 Step right forward, step left together, step right forward
3&4 Step left forward, step right together, step left forward
5-8 Cross right over left, step left back, turn ¼ right and step right to side, step left together

Two Forward Polka Steps, Jazz Box With Turn ¼ Right

- 1-8 Repeat above 8 counts

Repeat

Can also be used as floor split for Rose Garden, Who The Hell Is Alice, Hooked On Country

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