

Sophisticated Ladies

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Gerry Fitton & Sally Fitton - December 2008
音樂: Ladies Love Country Boys - Trace Adkins



Intro: 32 Counts From Beginning.

Section 1: Toe Switches, Shuffles, Hip Bumps.

1&2& Point R to R side, Step R beside L, Point L to L side, Step L in place.
3&4 Step fwd R, Step L beside R, Step fwd R.
5&6 Step fwd L bumping hip L, Bump hip R, Bump hip L stepping onto L.
7&8 Step fwd R bumping hip R, Bump hip L, Bump hip R stepping onto R.

Section 2: Jazz Box ¼ Turn, Chasse, Modified Jazz Box ¼ Turn.

1-2-3-4 Cross L over R, Step back on R, ¼ Turn L stepping L to side, Touch R beside L.
5&6 Step R to R side, Step L beside R, Step R to R side.
7&8 Cross L over R, Step back on R, ¼ Turn L stepping fwd on L.

Section 3: Kick Ball Cross, Hip Bumps, Kick Ball Cross, Side Crouch Sweep.

1&2 Kick R diagonally fwd, Step R in place, Cross L over R.
3&4 Touch R to R side bumping hip, Recover weight on L, Step R to R side.
5&6 Kick L diagonally fwd, Step L in place, Cross R over L.
7-8 Long step to L side, ½ Turn L sweeping R leg around.

Note : Styling, on count 7 crouch down with hands on knees.

Section 4: Heel Jacks, Step ½ turn, Ronde Sailor Cross.

1&2 Cross R over L, Step L to L side, Touch R heel diagonally fwd.
&3&4 Step R in place, Cross L over R, Step R to R side, Touch L heel diagonally fwd.
&5-6 Step L in place, Step fwd on R, ½ Turn L with weight on R.
7&8 Sweep L behind R, Step R to R side, Cross L over R.

*4 Count TAG: End Of Section 2 on walls 3&6, And At End Of Wall 8.

1&2 Rock R to R side, Recover weight onto L, Cross R over L.
3&4 Rock L to L side, Recover weight onto R, Cross L over R.
