

Jb Summertime

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Jennifer Choo Sue Chin (MY), Janice Khoo (MY) & Cindy Lee (NZ) - December 2008
音樂: Summertime - New Kids On the Block



KICK AND POINT, FORWARD AND BACK C BUMPS, ¼ COASTER, PIVOT TURN FORWARD

1&2 Kick RF, Step RF back, Point LF forward
&3 Push hip forward, push hip back and sit on right hip (knees bent)
&4 Push hip forward, push hip back raising hip
(Counts &3&4: the hips are moving in a C motion)
5&6 ¼ turn right stepping LF back, step RF next to LF, step LF forward (3:00)
7&8 Step RF forward, ½ turn left pivot, Step RF forward (9:00)

SIDE ROCK CROSS, SLIDE, BACK ROCK QUARTER, FORWARD, KICK BALL STEP

1&2 Rock LF to the left, recover on RF, cross LF over RF
3 RF take a big slide to the right pushing hips to the right
4&5 Rock LF back, recover on RF, ¼ turn left stepping LF forward (6:00)
&6 Step RF slightly forward, big step LF forward
7&8 Kick RF forward, step ball of RF next to LF, step LF forward

HEEL SPLIT, CLOSE POINT, 2 ¼ HITCH PADDLES, 4 SCOOT HITCHES BACK

&1 Weight on balls split both heels, return heels to centre (weight on RF)
&2 Step LF next to RF, point RF to right
&3 ¼ turn left on ball on LF while hitching RF, point RF to right (9:00)
&4 ¼ turn left on ball on LF while hitching RF, point RF to right (12:00)
5& Scoot LF back and hitch RF at the same time, Step back on RF
6& Scoot RF back and hitch LF at the same time, Step back on LF
7& Scoot LF back and hitch RF at the same time, Step back on RF
8 Scoot RF back and hitch LF at the same time

Optional arms

5& Chest pumps with both elbows pointing to the sides and fists in front of chest, push fists forward (repeat 4x till count 8)

¼ SAILOR, WALK WALK, SHOULDERS/CHEST ISOLATIONS, LEFT COASTER

1&2 ¼ turn left stepping LF behind RF, step RF to right side, step LF to left side (3:00)
3-4 Walk forward 2 counts, RF, LF with your own style!
5 Collapse shoulders forward and chest in (lock it there)
6 Pull shoulders back and chest up, shifting weight on the RF
7&8 Step LF back, Step RF next to LF, step LF forward

REPEAT & ENJOY!

Restart after 16 counts on wall 2 and 5 (both facing 3:00)

Note: This dance is specially choreographed and dedicated to the Lim Sisters of Johor Bahru in conjunction with their Dance 4 Peace, Health and Joy event on 7 Dec 2008 in Johor Bahru.