

Blessings

拍數: 0 牆數: 4
編舞者: BM Leong (MY) - December 2008
音樂: Zhu Fu - Wan Sai Lang

級數: Phrased Easy Intermediate



Sequence of dance: AAB/AA(16)A/BAA/BAA

Count In: 32 counts starting on vocal

(This dance is dedicated to Ah Khean of Kuala Kangsar, Perak)

(Section A)

CROSS, POINT, CROSS, POINT, FORWARD, RECOVER, BACK CHA CHA

- 1-2 Cross right over left, point left to left side
- 3-4 Cross left over right, point right to right side
- 5-6 Rock right forward, recover onto left
- 7&8 Back cha cha on RLR

BACK, TOUCH, BACK, TOUCH, BACK, RECOVER, FORWARD CHA CHA

- 1-2 Step left back diagonally, touch right beside left
- 3-4 Step right back diagonally, touch left beside right
- 5-6 Rock left back, recover onto right
- 7&8 Forward cha cha on LRL

PADDLE ¼ TURN LEFT X 2, FORWARD CHA CHA X 2

- 1-2 Step right forward, ¼ turn left shifting weight onto left
- 3-4 Step right forward, ¼ turn left shifting weight onto left
- 5&6 Forward cha cha on RLR
- 7&8 Forward cha cha on LRL

FORWARD, RECOVER, ¼ TURN RIGHT SIDE CHA CHA TO RIGHT, CROSS, RECOVER, SIDE CHA CHA TO LEFT

- 1-2 Rock right forward, recover onto left
- 3&4 Turning ¼ right side cha cha to right on RLR
- 5-6 Cross left over right, recover onto right
- 7&8 Side cha cha to left on LRL

(NOTE: Can use only section A for the whole dance but with a restart during wall 5 after 16 counts.)

(Section B)

CROSS, LOCK, CROSS CHA CHA, SIDE, RECOVER, CROSS CHA CHA

- 1-2 Cross right over left, lock left behind right heel
- 3&4 Cross cha cha on RLR
- 5-6 Step left to left side, recover onto right
- 7-8 Cross cha cha on LRL

DIAGONAL FORWARD LOCK STEPS, TOUCH X 2

- 1-2 Step right forward along right diagonal, lock left behind right
- 3-4 Step right forward again, touch left beside right
- 5-6 Step left forward along left diagonal, lock right behind left
- 7-8 Step left forward again, touch right beside left

MONTEREY ¼ TURN RIGHT, MONTEREY ½ TURN RIGHT

- 1-2 Point right to right side, turning ¼ right step right together
- 3-4 Point left to left side, step left together
- 5-6 Point right to right side, turning ½ right step right together

7-8 Point left to left side, step left together

FULL RIGHT CIRCLE LOCK STEPS

1-2 Turning $\frac{1}{4}$ right step right forward, lock left behind right

3-4 Turning $\frac{1}{4}$ right step right forward, lock left behind right

5-6 Turning $\frac{1}{4}$ right step right forward, lock left behind right

7-8 Turning $\frac{1}{4}$ right step right forward, step left together

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