

A Toast To Life

COPPER KNOB
STEPSHEETS

拍數: 68 牆數: 4 級數: Intermediate
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Intro: 32 counts, starting on vocal.

KICK, CROSS, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE

1-2 Kick right forward to right diagonal, cross right over left twisting left heel to right side
3&4 Shuffle backward on LRL
5-6 Rock right back, recover onto left
7&8 Shuffle forward on RLR

KICK, CROSS, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE

1-2 Kick left forward to left diagonal, cross left over right twisting right heel to left side
3&4 Shuffle backward on RLR
5-6 Rock left back, recover onto right
7&8 Forward shuffle on LRL

POINT, BEHIND, SIDE, CROSS, SCUFF, CROSS, SIDE, BEHIND

1-2 Point right to right side, cross right behind left twisting left heel to right side
3-4 Step left to left side, cross right over left
5-6 Scuff left, cross left over right twisting right heel to left side
7-8 Step right to right side, cross left behind right

TOUCH, KICK, SAILOR-CROSS X 2

1-2 Touch right beside left bending knees, kick right to right side
3&4 Cross right behind left, step left to left side, cross right over left
5-6 Touch left beside right bending knees, kick left to left side
7&8 Cross left behind right, step right to right side, cross left over right

ROCKING CHAIR, PIVOT TURN, FORWARD SHUFFLE

1-4 Rocking chair on RLRL
5-6 Rock right forward, pivot 1/2 turn left
7&8 Shuffle forward on RLR

ROCKING CHAIR, QUARTER TURN, CROSS SHUFFLE

1-4 Rocking chair on LRLR
5-6 Rock left forward, pivot 1/4 turn right
7&8 Cross shuffle on LRL

SLOW CROSS SHUFFLE - HITCH X 2

1-2 Cross right over left, step left behind right heel
3-4 Cross right over left, hitch left
5-6 Cross left over right, step right behind left heel
7-8 Cross left over right, hitch right

CROSS, BOUNCE X 3, BACK ROCK, FORWARD SHUFFLE

1-4 Cross right over left bouncing both heels 4 times and turning 1/2 left
5-6 Rock left back, recover onto right
7&8 Shuffle forward on LRL

SIDE, TOUCH, SIDE, TOUCH

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left

RESTART during walls 2 & 4 after 32 counts.

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