

Jit Lang Jit Pua

COPPER KNOB
STEPPERS

拍數: 0 牆數: 4 級數: Phrased Intermediate
編舞者: BM Leong (MY) - November 2008
音樂: Jit Lang Jit Pua



Sequence Of Dance: AAB/AAtag/AAB/ABAAA

Intro: 48 counts -start after vocal on the word 'pua' of "Jit lang jit pua...."

(This dance is dedicated to Molly Kong and the Sunshine Line Dance Group of Tawau, Sabah)

Section A – 32 counts.

"SIDE-ROCK, CROSS CHA CHA" X 2

1-2 Rock right to right side, recover onto left
3&4 Cross cha cha on RLR
5-6 Rock left to left side, recover onto right
7&8 Cross cha cha on LRL

ROCK, RECOVER, TRIPLE HALF TURN RIGHT, ROCK, RECOVER, COASTER STEP

1-2 Rock right forward, recover onto left
3&4 Triple ½ turn right on RLR
5-6 Rock left forward, recover onto right
7&8 Coaster step on LRL

"SIDE-ROCK, SAILOR-CROSS" X 2

1-2 Rock right to right side, recover onto left
3&4 Cross right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Cross left behind right, step right to right side, cross left over right

ROCK, RECOVER, TRIPLE HALF TURN LEFT, STEP, TURN, CROSS CHA CHA

1-2 Rock right forward, recover onto left
3&4 Triple ½ turn right on RLR
5-6 Step left forward, pivot ¼ turn right
7&8 Cross cha cha on LRL

Section B – 72 counts.

"HEEL, HOOK, FORWARD CHA CHA" X 2

1-2 Touch right heel forward, hook right over left
3&4 Forward cha cha on RLR
5-6 Touch left heel forward, hook left over right
7&8 Forward cha cha on LRL

ROCK, RECOVER, BACK CHA CHA X2, TRIPLE HALF TURN RIGHT

1-2 Rock right forward, recover onto left
3&4 Back cha cha on RLR
5&6 Back cha cha on LRL
7&8 Triple ½ turn right on RLR

"HEEL, HOOK, FORWARD CHA CHA" X 2

1-2 Touch left heel forward, hook left over right
3&4 Forward cha cha on LRL
5-6 Touch right heel forward, hook right over left
7&8 Forward cha cha on RLR

ROCK, RECOVER, BACK CHA CHA X 2, TRIPLE HALF TURN LEFT

- 1-2 Rock left forward, recover onto right
- 3&4 Back cha cha on LRL
- 5&6 Back cha cha on RLR
- 7&8 Triple ½ turn left on LRL

ROCKING CHAIR, PADDLE ¼ TURN LEFT X 2

- 1-4 Rocking chair on RLRL
- 5-6 Paddle ¼ turn left on RL
- 7-8 Paddle ¼ turn left on RL

ROCKING CHAIR, PADDLE ¼ TURN LEFT X 2

- 1-4 Rocking chair on RLRL
- 5-6 Paddle ¼ turn left on RL
- 7-8 Paddle ¼ turn left on RL

CROSS, POINT, CROSS, POINT, JAZZ BOX ¼ TURN RIGHT

- 1-2 Cross right over left, point left to left side
- 3-4 Cross left over right, point right to right side
- 5-6 Cross right over left, recover onto left
- 7-8 ¼ turn right step right to right side, step left together

"TOUCH, KICK, CROSS, HOLD" X 2

- 1-2 Touch right beside left, kick right forward
- 3-4 Cross right over left, hold
- 5-6 Touch left beside right, kick left forward
- 7-8 Cross left over right, hold

ROCK, RECOVER, TRIPLE HALF TURN RIGHT, PIVOT TURN, FORWARD CHA CHA

- 1-2 Rock right forward, recover onto left
- 3&4 Triple ½ fturn right on RLR
- 5-6 Step left forward, pivot ½ turn right
- 7&8 Forward cha cha on LRL

TAG at the end of 4th A

- 1-4 Bump hips RLRL

Website: www.sjlinedancer.blogspot.com
