

# Don't Trust a Man

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Leif Wittorff (DK) - December 2008  
音樂: Don't Trust A man - Ulla Lindstroem : (Album: I Go On Dreaming, August 2008)



Intro 16: Start on vocals, on word "Man"

## Section 1

**Chassé, Back rock, Chassé, Unwind ½ turn**

1&2            Step right foot to right side, step left beside right, Step right foot to right side  
3 - 4            Rock back left, recover right  
5&6            Step left foot to left side, step right beside left, Step left foot to left side  
7 - 8            Touch right toe behind left foot, turn ½ (weight on right)  
(Restart: 6. wall after 8 count (6 o'clock) after unwind ½ turn- weight on left)

## Section 2

**Rock fwd. left, Coaster, Sway right and left, Chassé right**

1 - 2            Rock Fwd. left, recover on right  
3&4            Step left back, step right beside left, step fwd. left  
5 - 6            Sway right, left  
7&8            Step right foot to right side, step left beside right, Step right foot to right side

## Section 3

**Heel Grind ¼ turn left, Coaster step left, Rock fwd. right, Lock step back right**

1 - 2            Touch left heel fwd, turn (weight on left) ¼ left (end with weight on right)  
3&4            Step left back, step right beside left, step fwd. left  
5 - 6            Rock Fwd. right, recover left  
7&8            Step right back, lock left across right, step back right

## Section 4

**¼ turn left x 2, Behind side cross right, Siderock right, ½ step turn left**

1 - 2            Step left foot to left making ¼ turn ( facing 12 o'clock) Step right fwd making ¼ turn ( facing 9 o'clock - weight on right)  
3&4            Step left behind right, step right to right, step left across right  
5 - 6            Rock right to right, recover left  
7 - 8            Step fwd. right, turn ½ left

Tag: after 3. wall (9 o'clock) Rocking chair.

Restart: in 6. wall after 8 count (6 o'clock) (after unwind ½ turn- weight on left)

Tag: after 8. wall (12 o'clock) Rocking Chair, after 11. wall ( 9 o'clock) Rocking Chair.

Enjoy this wonderful music !

This dance are dedicated to Ulla Lindstroem- Thanks for good music !

Coreograph contact:

Leif Wittorff

E-mail: [wilwijo@gmail.com](mailto:wilwijo@gmail.com)

Website: [www.wijo.dk](http://www.wijo.dk)