

Start a Band

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Start a Band - Brad Paisley : (Album: Play)



Start on Vocal.

Walk, Walk, Right Shuffle, Step, Pivot ¼ , Step, Pivot ¼ .

1 – 2 Right foot walk forward, Left foot walk forward
3 &4 Right step forward, Left step together, Right step forward
5 – 6 Left step forward, Turn ¼ right (moving hips as you turn)
7 – 8 Left step forward, Turn ¼ right (moving hips as you turn)

Step Lock Step, Walk, Walk, Right Rock, Recover, Shuffle ¼ Turn.

1 &2 Left step diagonally forward, Lock Right behind, Left step forward
3 - 4 Right foot walk forward, Left foot walk forward
5 – 6 Rock forward onto Right, Recover back onto Left
7 &8 Turning ¼ right step Right to side, Step Left beside, Step Right to side

Cross, Side, Sailor Step, Cross Side, Sailor Step.

1 – 2 Cross Left over right, Step Right to right side
3 &4 Cross Left behind right, Rock Right to right side, Step left in place
5 – 6 Cross Right over left, Step Left to left side
7 &8 Cross Right behind Left, Rock Left to left side, Step Right in place

Cross, Hinge ½ Turn Left, Cross Shuffle, Side, Touch-Ball-Cross.

1 – 2 Cross Left over right, Turn ¼ left stepping back on Right foot
3 – 4 Turn ¼ left stepping Left to side, Cross Right over Left
& 5 Step Left to left side, Cross Right over Left
6 - 7 Step Left to left side, Touch Right beside
& 8 Step Right in Place, Cross Left over right

Toe Strut ¼ Turn, Toe Strut ½ Turn, Rock Forward, Recover, Coaster Cross.

1 – 2 Turning ¼ left step back on Right toe, Step Right heel down
3 – 4 Turning ½ left step forward on Left toe, Step Left heel down
5 – 6 Rock forward onto Right, Recover back onto Left
7 &8 Right step back, Left step beside, Cross Right over left

Side, Hold, Bump & Bump, Sailor Step, Sailor ¼ Turn.

1 – 2 Step Left to left side, Hold
3 &4 Bump Hips, Right-Left-Right
5 &6 Cross Left behind right, Rock Right to right side, Step Left in place
7 &8 Cross Right behind left, Turn ¼ right on Left foot, Step Right in place

Side, Hold, Bump & Bump, Sailor Step, Sailor Step

1 – 2 Step Left to left side, Hold
3 &4 Bump Hips, Right-Left-Right
5 &6 Cross Left behind right, Rock Right to right side, Step Left in place
7 &8 Cross Right behind left, Rock Left to left side, Step Right in place

Step Forward, Hitch, Touch Back, Turn ½ , Forward Rock, Triple Full Turn .

1 – 2 Left step forward, Hitch Right knee

3 – 4 Touch Right toe back, Turn $\frac{1}{2}$ right onto Right foot
5 – 6 Rock forward onto Left, Recover back onto Right
7 & 8 Triple full turn Left on spot, Left-Right-Left

Start Again

Tag: danced at end of 2nd wall facing back

Rock, Recover, Triple $\frac{1}{2}$ turn, Rock, Recover, Triple $\frac{1}{2}$ turn, Step Pivot $\frac{1}{4}$, Step Pivot $\frac{1}{4}$

1-4 Rock forward on Right, Recover back onto Left, Triple $\frac{1}{2}$ turn right (Right-Left-Right)

5-8 Rock forward on Left, Recover back onto Right, Triple $\frac{1}{2}$ turn left (Left-Right-Left)

9-12 Step Right forward, Pivot $\frac{1}{4}$ left, Step Right forward, Pivot $\frac{1}{4}$ left. (Face 12 o'clock)
