Shanghai Beach



拍數: 32 牆數: 4 級數: Improver

編舞者: Rep Ghazali (SCO) - November 2008

音樂: Shanghai Beach (上海灘) - Andy Lau (劉德華)



Intro: 24 count intro start on vocal

(Shanghai Beach) by (Francis Yip) 89bpm 24 count intro start on vocal

(1-8) Rock-Recover, Triple Full Turn, Rock-Recover, Triple 3/4 Turn

1-2 cross rock Right over Left, recover on Left

3&4 triple full turn Right by stepping Right-Left-Right on the spot

(easy option: triple step on the spot by stepping Right-Left-Right)

5-6 cross rock Left over Right, recover on Right

7&8 triple ³/₄ turn Left by stepping Left-Right-Left on the spot (3)

(9-16) Side-Behind, Ball-Cross-Point, 1/4 Monterey Turn, Coaster Step

1-2 step Right to Right side, step Left behind Right

\$3-4
\$5-6
\$1/4\$ turn Right beside Left, cross Left over Right, point Right to Right side
\$1/4\$ turn Right by stepping Right beside Left, point Left to Left side (6)

7&8 step back Left, step Right together, step forward Left (6)

(17-24) Cross-Back, Back-Cross-Back, Rock Back-Recover, Trilpe Full Turn

1-2 cross Right over Left, step back Left

&3-4 step back Right, cross Left over Right, step back Right

5-6 rock back Left, recover on Right

7&8 triple full turn Right by stepping forward Left-Right-Left (6)

(easier option: shuffle forward Left)

(25-32) Step-1/4 Pivot, Cross-Point, Cross-Back, Triple 1/2 Turn

step forward Right, ¼ pivot turn Left (3)
cross Right over Left, point Left to Left side
cross Left over Right, step back on Right

7&8 triple ½ turn Left by stepping forward Left-Right-Left (9)