

Dolly's Winter

拍數: 32 牆數: 4 級數: Beginner
編舞者: Joyce Nicholas (MY) - November 2008
音樂: Medley Winter Wonderland / Sleigh Ride - Dolly Parton



Intro: 32 count music intro: Sway right, sway left..... (4 counts each side)

Right & Left Toe, Heel, Step, Clap

1-2 Touch R toe to left instep, Touch R heel to left instep
3-4 R foot step in place beside L foot, Clap
5-6 Touch L toe to right instep, Touch L heel to right instep
7-8 L foot step in place beside R foot, Clap 12.00

Jazz Box, Jazz Box ¼ Turn Right

1-2 Cross R over L, Step back left
3-4 Step R to right side, Step L beside R
5-6 Cross R over L, Step back left
7-8 Step R making a ¼ turn right, Step L beside right 3.00

Heel Swivels Right, Left, Centre, Clap

1 Swivel both heels to the right
2 Swivel both heels to the left
3,4 Swivel both heels to centre, Clap 3.00

Heel Swivels Left, Right, Centre, Clap

5 Swivel both heels to the left
6 Swivel both heels to the right
7,8 Swivel both heels to centre, Clap 3.00

Step, Hold, Turn ½, Hold, Skate Right & Left

1-2 Step R forward, Hold
3-4 Turn ½ L, onto L, Hold
5-6 Skate R, Skate L
7-8 Skate R, Skate L 9.00

Option: Count 5-8, make 4 Cross walks forward RLRL

Start Again

Note: At 9 wall (facing front), music slow down and then pick up.....just continue dancing (same tempo) four more walls.....Merry Christmas!!