

Kickin' It

拍數: 24 牆數: 4 級數: Intermediate
編舞者: Dave Munro (UK) - November 2008
音樂: You Already Love Me - Toby Keith : (Album: That Don't Make Me A Bad Guy)



Intro:-16 counts, for the 1st wall the music is fairly gentle, wall 2 sees it step up a level, and wall 3 sees it build again, so stick with it!

Dance repeats in an Anti-Clockwise direction.

Two Count Rolling vine 1/2 turn L, Modified 1/2 turning Sailor (Kick), Together, Kick Kick, R Side/Together/Side, L Touch, L Cross, R Touch.

1-2 Quarter turn left step forward L, Quarter turn left step R to right side.
3&4 Quarter turn left step L behind R, Quarter turn left step R beside L, Kick L forward.
& Step L beside R.
5& Kick R across front of L, Kick R across front of L.
6&7 Step R to right side, Step L beside R, Step R to right side.
&8& Touch L beside R, Step L across R, Touch R behind L.
(12:00)

R Step Back, L Kick, L Side/Together/Side 1/4 turn, Touch, 1/4 turn L, Touch, L Diagonal Step, Touch, R Coaster Step, Half Pivot L.

1& Step Back on R, Flick kick L to forward right diagonal.
2&3& Step L to left side, Step R beside L, 1/4 turn left step L forward, Touch R beside L.
4& Quarter turn left step R to right side, Touch L beside R.
5& Step L to forward/left diagonal, touch R beside L.
6&7 Step R back, Step L beside R, Step R forward.
8 Pivot half turn left (weight on L).
(12:00)

R Side/Together/Side 1/4 turn, Step 3/4 Pivot Step, Syncopated Weave, Modified L Rocking Chair.

1&2 Step R to right side, Close L beside R, 1/4 turn right step R forward.
3&4 Step L forward, Pivot 1/2 turn right, 1/4 turn right stepping L to left side.
5&6 Step R behind L, Step L to left side, Step R across L.
7&8& Rock L forward, Recover back on R, 1/4 turn left rock back L, Recover forward on R.
(9:00)

Repeat from beginning.

Easier option for counts 1-4&, of Section one:-

Sway Left & Right, L Behind/Together/L Kick/Together.

1-2 Step and sway L to left side, Step and sway R to right side.
3&4& Step L behind R, Step R beside L, Kick L forward, Step L beside R.